Personal Development programme

Spring		
	Year 10	Year 11
MAS Student Spring 1	Respectful	
Assemblies Spring 1	Wk 1 – House Captains assembly, Wk 2 – Personal Development – Goal setting, Wk 3 - Cyber Safety Wk 4 - Interfaith, Wk 5 – World Interfaith week, Wk 6 – Children's Mental Health	
House theme Spring 1	**Celebrating differences and Anti-Bullying:** Respect Starts with Me: Celebrating Difference – Understanding, valuing, and respecting diversity, and recognising that everyone has a role in creating an inclusive community. Standing Together Against Bullying – Empowering students to speak up, show empathy, and challenge bullying behaviour to ensure everyone feels safe and supported. Anti-Bullying Focus – "Belonging: Every Voice Matters" – Promoting kindness, inclusion, and respect, and celebrating the differences that make our school community unique.	
Drop morning 1 Spring 1	**Relationships:** Diversity, Discrimination and Challenging stereotypes in relationships *Children's Mental Health week **CEIAG** Raising my game (3)	**Health and Wellbeing**: Responsible health choices *Children's Mental Health week **CEIAG** Ready for the next step (3)
Tutor time PSHE / RSE / Citizenship Spring 1	**Living in the Wider World:** Community Community cohesion and challenging extremism *Children's Mental Health week	**Health and Wellbeing:** Building for the future - Self-efficacy, stress management, and future opportunities *Children's Mental Health week
MAS Student Spring 2	Communicative	
Assemblies Spring 2	Wk 1 - LGBTQ+ Month, Wk 2 - Why read / National Careers Week, Wk 3 - International Women's Day, Wk 4 - Celebrating Differences, Wk 5 - Looking after me, Wk 6 - Rewards	
House theme Spring 2	**Health and Wellbeing:** Celebrating differences and LGBTQ+ History month	
Drop Day 2 Spring 2	**Living in the Wider World** Apprenticeships Employer encounters, work experience catch up, maximising success - part 2 **CEIAG** Raising my game (4)	**Living in the Wider World** Self-efficacy, stress management and revision skills **CEIAG** Ready for the next step (4)
Tutor time PSHE / RSE / Citizenship Spring 2	**Living in the wider world** Financial decision making The impact of financial decisions, debt, gambling and impact of advertising on financial choices	**Health and Wellbeing**: Developing independence - Responsible health choices and safety in individual contexts **Relationships** Different families and parental responsibilities, pregnancy, marriage forced marriage and changing relationships
CEIAG	CEIAG opportunities take place both as part of the PD programme and independently (see careers map - include link)	
Science / PE / IT / Food Spring Term	PE – First Aid Mini Course (St Johns / British Red Cross)	Science - Genetic engineering / cloning, selective breeding, antibiotics PE – Use of physical activity to combat stress and anxiety
RE Spring Term	Religion and Life	Religion, Peace and conflict