

**Personal Development programme**

Summer

	Year 7	Year 8	Year 9
MAS Student Summer 1	Ambitious		
Assemblies Summer 1	Wk 1 –Careers/Next steps, Wk 2 – You can make a difference – Earth Day, Wk 3 – Stress Management, Wk 4 – Celebrating Neo-diversity Wk 5 – Awards Assembly, Wk6 - Our Environment Ocean’s Day		
House theme Summer 1	<b>Relationships:</b> Teamwork and Support. Mental health awareness week		
Drop morning 3	<p><b>Health and Wellbeing:</b> Sleep and its benefits, healthy eating – oral hygiene / dentist, keeping safe and healthy over the holidays</p> <p><b>CEIAG</b> Developing my awareness (5/6)</p>	<p><b>Health and Wellbeing:</b> Supporting physical and emotional wellbeing – understanding the risks of alcohol and drugs, and how to manage peer pressure</p> <p><b>CEIAG</b> Exploring my interests (5/6)</p>	<p><b>Health and Wellbeing:</b> Sleep and its benefits, maintaining healthy eating –impact on stress management, keeping safe and healthy over the holidays</p> <p><b>CEIAG</b> Education pathways – my options (5/6)</p>
Tutor time PSHE / RSE / Citizenship Summer 1	<p><b>Living in the wider world</b> Developing skills and aspirations – part 2 Abilities and qualities required for different careers and challenging stereotypes, identifying future career aspirations</p>	<p><b>Living in the wider world</b> -START online -Labour Market -Exploring education transitions</p>	<p><b>Living in the wider world</b> Employability skills and online presence Young peoples permitted working hours, post 16 pathways, building your employability profile and online presence and STAR technique (interviews)</p>
MAS Student Summer 2	Reflective		
Assemblies Summer 2	Wk 1 – Our Environment – Going plastic free, Wk 2 –Equality – Pride Month, Wk 3 – Refugees and Windrush, Wk 4 - World Wellbeing, Wk 5 - Health over the Holidays, Wk 6 – House awards, Wk 7 – Subject rewards		
House Theme Summer 2	<b>Relationships:</b> Celebrating Differences - Teamwork and Support.		
Drop Day 3 Summer 2	<p><b>Relationships:</b> Health and puberty</p> <p>Changes to my body, unwanted contact and FGM</p>	<p><b>Relationships:</b> Physical and Emotional changes Managing changing emotions, looking at the Law – online behaviours (image and information sharing)</p>	<p><b>Relationships:</b> Intimate relationships Assessing and managing risks – image sharing Consent (St Giles Trust)</p>
Tutor time PSHE / RSE / Citizenship Summer 2	<p><b>Living in the wider world</b> Financial decision making</p> <p>Bank accounts, saving, borrowing, budgeting, financial choices (credit, debit, debt)</p>	<p><b>Living in the wider world</b> Digital Literacy and media reliability</p> <p>Grooming, Extremism and Radicalisation and gambling hooks (gaming - loot boxes)</p>	<p><b>Living in the wider world</b> Financial Literacy</p> <p>Budgeting (bills and expenses), loans and debt</p>
CEIAG	CEIAG opportunities take place both as part of the PD programme and independently (see careers map)		
Science / PE / IT / Food Summer Term	<p><b>Science</b> – Key facts about puberty <b>PE</b> - Physical health, fitness and hygiene. Basic First Aid (bleeding) <b>Food</b> - Balanced v Poor diet and links with deficiency and tooth decay</p>	<p><b>Science</b>- DNA and variations, cloning, inheritance, the facts and science relating to immunisation and vaccination Understanding bacteria and viruses and how they are spread <b>PE</b> – Basic First Aid (Asthma and Allergies) <b>Food</b> - Healthy eating; how to maintain healthy eating <b>IT</b> - App building - making apps accessible by all</p>	<p><b>Science</b> – H10 The purpose and importance of immunisation and vaccination, development and discovery of Drugs <b>PE</b> – Basic First Aid (Choking and Head Injuries)</p>
RE Summer Term	Exploring concepts of beliefs, facts and opinions. Understanding how arguments are constructed and the use of evidence to support points.	Suffering and solutions	Exploring beliefs, teachings and practices from world religions and other world views. Living Biblically Investigating concepts of peace, justice, forgiveness and reconciliation.