

MAINS MEALS

05/01/25 - 26/01/26
23/02/26 - 16/03/26

SPRING MENU WEEK ONE

MON

TUE

WED

THU

FRI

Chicken Rogan Josh
with Mango Chutney
(Mu)

Creamy Sweet Potato &
Coconut Curry
(Mk,So)

Wholemeal Pilau Rice
Spicy Roasted Cauliflower

Extras: Naan Bread (G)

Meatballs in Tomato Sauce
served with Penne Pasta &
Salad (G,E)

Wholemeal Cheese &
Tomato Quiche
Served with new potatoes &
Salad (G,E,Mk)

Lemon & Herb Roast
Chicken with Gravy
(G)

Crunchy Roast Potatoes
Savoy Cabbage & Carrots

Baked Mac n Cheese with a
crunchy topping
(G,Mk,So)

Garlic Bread
(G,Mk,So)

Beef Burger in a soft bun
(G,So,Su,Se)

Homemade Bean & Chickpea
Burger
(E,G,Mu,Su,Se)

Served with:
Cajun Spiced New Potatoes
Sweetcorn
Coleslaw (E)
Sliced Pickles
Lettuce
Tomato

Battered Fish Fillet (G,F)

Baked Chicken Sausage Roll
(G,E,Su)

Cheese & Onion Pasty
(G,Mk,E)

Oven Baked Chips
Garden Peas
Baked Beans

Meal Deal

Don't forget to pick up your whole Meal Deal!

HOT MEAL / BAP + DESSERT / FRUIT

JACKET POTATOES

MON

TUE

WED

THU

FRI

Cheese and
Beans
(Mk)

Tuna
Sweetcorn
Mayonnaise
(F,E)

Cheese and
Beans
(Mk)

Tuna
Sweetcorn
Mayonnaise
(F,E)

Cheese and
Beans
(Mk)

DESSERTS

MONDAY

Cherry Pancake (G,E,Mk)

TUESDAY

Pear & Chocolate Sponge (G,E,Mk)

WEDNESDAY

Apple & Berry Crumble
(G,Mk,Su)

THURSDAY

Lemon & Blueberry Cheesecake bar (G,Mk,E)

FRIDAY

Ice-cream Tub (Mk)



LOOK OUT
FOR DAILY
★ THEME BARS ★
& SALAD BAR!



HOT WRAPS

MONDAY
BBQ Chicken
(G)

TUESDAY
Hot n Spicy Chicken
(G)

WEDNESDAY
Peri Peri Chicken
(G)

THURSDAY
Lemon & Pepper
(G)

FRIDAY
Tandoori
(G,Mk)

ALLERGENS

we're allergy guru's!

Speak to one
of our chefs if
you have any
allergies.

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals
containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

MAINS MEALS

12/01/26 - 02/02/26
02/03/26 - 23/03/26

SPRING MENU WEEK TWO

MON

TUE

WED

THU

FRI

Classic Spaghetti Bolognese (G) Served with Garden Salad

Mediterranean Vegetable Lasagne (G,Mk) with Garden Salad

Steamed Seasonal Greens Garlic Bread (G,Mk,So)

Chicken Sausages with Caramelised Onion Gravy (G,Su)

Creamy Champ Mashed Potatoes (Mk) Green Beans

Vegan Cottage Pie served with Green Beans (Ce,So)

Aziz's Chicken Biryani (Mk,Mu)

Served With:
Roasted Cauliflower Onion Salad

Chickpea & Vegetable Biryani (Mk,Mu)

Served With:
Roasted Cauliflower Onion Salad

Mexican Lamb & Mixed Bean Chilli (none)

Mexican Bean & Vegetable Burrito (G,Mk)

Zesty Lime Rice Sour Cream (Mk)

Extras: Tortilla Chips (So)

Battered Fish Fillet (G,F)

Wholemeal Salmon & Sweetcorn Pasta (F,G,Mk)

Crispy Vegetable Samosa with Mango Chutney (G,Mu)

Oven Baked Chips
Garden Peas
Baked Beans

Meal Deal

Don't forget to pick up your whole Meal Deal!

HOT MEAL / BAP + DESSERT / FRUIT

JACKET POTATOES

MON

TUE

WED

THU

FRI

Cheese and Beans (Mk)

Tuna Sweetcorn Mayonnaise (F,E)

Cheese and Beans (Mk)

Tuna Sweetcorn Mayonnaise (F,E)

Cheese and Beans (Mk)

DESSERTS

MONDAY
Apple & Raisin Sponge (G,E,Mk)

TUESDAY
Roasted Pineapple & Ginger Cake (G,Mk,E)

WEDNESDAY
Lemon Drizzle (G,E,Mk,Su)

THURSDAY
Fruity, Oaty Flapjack (G,Mk,So)

FRIDAY
Ice Cream Tub (Mk)



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HOT WRAPS

MONDAY
BBQ Chicken (G)

TUESDAY
Hot n Spicy Chicken (G)

WEDNESDAY
Peri Peri Chicken (G)

THURSDAY
Lemon & Pepper (G)

FRIDAY
Tandoori (G,Mk)

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MAINS MEALS

19/01/26 - 09/02/26
09/03/26

SPRING MENU
WEEK THREE

MON

TUE

WED

THU

FRI

Sweet & Sour Chicken Served
With
Soy & Ginger noodles
(G,E,So,Su)

Prawn Crackers (Cr,Su)
Asian Salad

Sweet & Sour Quorn
Served with
Soy & Ginger Noodles
(G,E,So,Su)

Classic Shepherds Pie
(Ce,Mk,So)

Served With:
Steamed Carrots

Vegan Puy Lentil Shepherds
Pie
(Ce)

Served With:
Steamed Carrots

Grilled Piri Piri Chicken (Ce)
Served With:
Spicy Rice

Coleslaw (E)

Cauliflower, Potato and
Chickpea Curry
(none)

Steamed Wholemeal Rice

Baked Lamb Lasagne
(G,Mk)
Served With:
Chef's Salad
Garlic Bread Slice (G,Mk,So)
Whole Green Beans

Vegan Lentil Bolognese (Ce)
Served with: Spaghetti (G)
Chefs Salad
Garlic Bread Slice (G,Mk,SO)
Whole Green Beans

Battered Fish Fillet (G,F)
or
Battered Sausage (G,Su) or
BBQ Veggie Hotdog
(G,So,Su)

Served With:
Oven Baked Chips
Garden Peas or Baked Beans
Chunky Tartare Sauce (E)
Ketchup
Lemon

LOOK OUT
FOR DAILY
★ THEME BARS ★
& SALAD BAR!



HOT WRAPS

MONDAY
BBQ Chicken
(G)

TUESDAY
Hot n Spicy Chicken
(G)

WEDNESDAY
Per Peri Chicken
(G)

THURSDAY
Lemon & Pepper
(G)

FRIDAY
Tandoori
(G,Mk)

DESSERTS

MONDAY
Eves Pudding
(G,E,Mk)

TUESDAY
Vegan Banana Flapjack (G)

WEDNESDAY
Carrot Cake (G,E,Mk)

THURSDAY
Trifle (Mk)

FRIDAY
Ice-Cream Tub (Mk)

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