



Executive Principal's and Principal's News

THE
MAS
WAY



Societies in Athens

A group of Societies students have enjoyed this week exploring Athens. We'll have the photos from their exciting trip in next week's newsletter.

Year 8 boys football tournament winners

Congratulations to the Year 8 football team (above middle) who are Tower Hamlets Shield Winners 2025/26!



Open Events

It was a joy to welcome so many families to our Open Evening on Thursday. Our students and staff showcased all the fantastic learning, enrichment, inclusion and enjoyment that goes on every day in our wonderful school. Thank you to everyone who came along. We hope you will join our school community next September.

The Open mornings also continue to be popular and well attended by parents and Year 6 students and we are all enjoying listening to our students talk about the school and



their experiences at the school. We have two more Year 6 Open mornings coming up, so if you're looking for a place in Year 7 for September 2026, do come along. The dates are:

Mon 6th to Wed 8th Oct, 9.15am
Saturday 11th October, 9-11am

Thank you,
Mrs Ruth Holden,
Executive Principal
Ms Melissa Gibson,
Principal

Sixth Form News

We are incredibly proud of our students (below) who attended the Tower Hamlets Education Awards last Saturday. Their hard work, dedication and achievements were recognised and celebrated alongside other outstanding young people across the borough. It was a wonderful occasion that highlighted their ambition, talent and commitment, and we are delighted to see them representing Mulberry Academy Shoreditch so brilliantly.

Sixth Form Enrichment Launch

This week marked the exciting launch of our Sixth Form Enrichment



programme with our first Year 12 cohort. Students enjoyed a variety of activities including bowling, gaming, and tackling an escape room challenge. One group tried Somali



cuisine at Damal Banqueting Restaurant, while others were introduced to the Columbia Road Youth Centre. It was a fantastic start to our 8 week programme, and we can't wait for what's to come!

Sixth Form Open Events

If you're in Year 11 and looking for a Sixth Form Place for September 2026, come and visit us at one of our open events...

Open evenings
4:00-6:00pm

Tues 14th Oct 2025
Tues 27th Jan 2026

Open Mornings
9:00-10:00am

Sat 15th Nov 2025,
Sat 7th March 2026
Sat 20th June 2026



HOUSE TRIP TO SUFFOLK

This year's House Residential Trip last week, saw 17 enthusiastic Year 8 students venture into the great outdoors of Suffolk for an unforgettable week away. Their destination was Bawdsey Manor, a stunning coastal estate and adventure centre run by PGL, where students immersed themselves in a wide variety of outdoor pursuits. Over the course of the week, they pushed their limits and discovered new strengths while taking



part in thrilling activities such as the giant swing, abseiling, and survival skills. Alongside the physical challenges, the trip also offered valuable opportunities for teamwork, resilience, and personal growth, leaving everyone with memories and friendships to last well beyond the week.



MAS Young Mayor candidates need your vote

The Young Mayor is elected every two years to represent the views of young people across the borough of Tower Hamlets at the highest level. This year some of our students are running for election and you will be able to vote for them. Here are their statements:

Yusra Hakim, Year 9

I would like to be Young Mayor because I want to make a positive impact on the

lives of others in the community and provide others with the support and knowledge needed to empower them to thrive in wider society. I also want to make Tower Hamlets an enjoyable place to live where everyone feels safe, celebrated and included.

Naadiyah Zahraa, Year 9

I'm running for Young Mayor because I want to help make real changes that matter to us. I believe young people deserve more chances to be heard, more safe spaces, and more exciting activities. Every young person should feel safe, valued, and supported in their community and they should be able to dream big and have those dreams taken seriously. That's why I believe I'd make a great Young Mayor.

Sophia Pymont-Mcgregor, Year 8

I'm running for Young Mayor because I want to give the young people of Tower Hamlets a powerful voice, one that will be heard and taken seriously.

Maryam Muse Nur, Year 10

I'm running for Young Mayor because I believe every young person in Tower Hamlets deserves equal access to opportunity, not just a lucky few. I've seen the challenges—poverty, lack of safe spaces, and unequal access to the future—and I'm ready to lead with action, not just words, to build a borough where

every young person can thrive.

Melissa Kibrom, Year 11

I'm running for Young Mayor because I believe every young person in Tower Hamlets deserves to feel safe, supported, and heard. Growing up here, I've seen the challenges we face — from youth crime to mental health — and I'm ready to take action to create real, lasting change in our community.

Marwa Anwar, Year 9

I want to be Young Mayor to create more safe and inclusive spaces for young people, expand mental health support, and make sure everyone has access to real opportunities. I know the challenges we face because I experience them too, and I'm ready to listen, represent all voices, and work hard to make a difference in our community.

Syeda Tasfia Year 8

I want to be the Young Mayor of Tower Hamlets because I'm passionate about creating real change for young people by tackling important issues like mental health, drug use, and lack of early careers education. I believe I can be a strong voice for young people, challenge stereotypes, and make sure everyone feels heard, supported, and valued in our community.

Isreal Larty, Year 10

(Statement in next week's newsletter)

Mulberry Academy Shoreditch

WORD OF THE WEEK

Wow!

Intrepid

adjective

DEFINITION
Extremely brave, showing no fear. Daring and adventurous.

EXAMPLE
The team of intrepid travellers set off into the unexplored desert.
The intrepid students took part in a exhausting 150-mile sponsored bike ride.

SYNONYMS
Brave. Bold. Fearless.

ANTONYMS
Timid. Fearful. Cowardly.

CHARACTERISTICS
Originates from the Latin word 'intrepidus' (trepidus = frightened). The noun is intrepidity or intrepidity.

STEM Academy applications open

STEM Academy applications opened this week for Cohort 6! Make sure to apply by the 6th October deadline if you're interested!

Rafi and Rehan answered questions and supported students with applications during lunchtimes this week.



Year 6 Open Evening

A few photos from our lovely Year 6 Open Evening on Thursday. A big thank you to staff, students and all the families that made it such a fantastic event.



HOUSE NEWS

On Thursday 25th September, the Heads of House hosted their annual Big Quiz Night which saw student teams go head to head with our parent team to see who would be victorious! There were four highly competitive rounds with lots of hugely enthusiastic discussion as teams battled to answer questions regarding music, literature, films and guess who's! The parents did their best, but ultimately it was a student team that landed the coveted title of House Big Quiz winners of 2025! Congratulations to everyone who took part and made the event such a success. We look forward to the next event of the half term - Dodgeball! Look out for more information in House Tutor Time!



On Friday 19th September the Heads of House and volunteers held a Bake Sale to raise money for Young Minds Charity. We were able to raise nearly £400. We did this all for Youth Mental Health Day which we learnt about in House Form Time. Students from Year 7 to Sixth Form all lined up for cakes, pizza, brownies and biscuits. It was really busy and cakes sold out quickly! It was a great atmosphere and we are proud of how much people donated and contributed to our Bake Sale for a great cause. We look forward to the next charity event! By Amelia Shohid Ullah 7F and Miguel Da Silva 7F



House assemblies have been fantastic this week, with students leading and talking about their heritage.

FREE DRAMA GIRLS CLUB

@

St Hilda's East - 18 Club Row €27€Y

STARTING THURSDAY 25TH SEPTEMBER

For Year 7 and Year 8 students. Come and join our Thursday Drama club Thursday 5-7. If you are interested please Email christine@sthildas.org.uk. Or just pop in.

Open to all parents between 3 - 4pm on Monday 7th October.

FREE BOOKS FOR YOUR SCHOOL WHEN YOU BUY AT THE BOOK FAIR!

SCHOLASTIC TRAVELLING BOOKS

Come to the **BOOK FAIR!**

Come along to browse 200 of the newest and best books from over 60 publishers, including exclusive titles that you won't see in shops or at any other Fairs.

A POP-UP BOOK-STORE WITH HUNDREDS OF BOOKS FROM JUST €2.99

You will be given the opportunity to order (pay on the day) any number of books. Come and take a look!

TRAILFAM

in the Peak District



Last weekend, the TrailFam team volunteered at the Ultra X in the Peak District National Park. The team helped at aid stations, ran in the peaks and were at the finish line supporting the runners. Mr Ahmed ran the 54K and Ms Rangrej ran her personal best in the 22K race.



Marius Otoo in Year 9 came 2nd place in the Vitality Westminster Mile, Junior NBA running the race in 05.44 minutes. Congratulations to Marius!

Global Girl Leading

Congratulations to Amal Mohamed, Maggie Cunningham, Ella Moye, Leeanna Joseph and Fatou Niane in Year 10 as well as Dejah Renee, Jessica Williams-Cox, Aliyah Shekoni, Tilly Moye and Zakiyah Zareen in Year 12, for successfully earning their roles as Global Girl Leading Conference Leaders! After a competitive application process and interviews with Mulberry Schools Trust these students stood out for their leadership potential. They have officially begun their training as they prepare for the upcoming conference on 10th October. We can't wait to see them in their roles on the day!



The girls attended a training session on Monday for the Summit at Mulberry School for Girls, which will finish with an after event at the House of Commons.

No mobiles policy

We would like to thank all parents, carers, and staff for supporting our approach to creating the best possible learning environment for our students.

As part of this, we operate a no-mobile phone policy across the school. This means phones should not be visible or in use anywhere on school grounds.

This supports students to remain focused on their learning, encourages positive social interaction, and ensures a safer and more respectful community.

If a student repeatedly infringes on this policy, their phone will be secured in a storage pouch at the start of the day which is then reopened at the end of the day. Students are fully responsible for ensuring their phone pouch is returned undamaged.

Please note, under no circumstances can the mobile phone pouch be taken home, it must be returned to Reception.

If parents need to contact their child during the day, please call the school office, where a message can be passed on.

Many thanks for your support with our approach. If you have any questions, please contact Mr Rahman.

SUPPORTING YOUR CHILD TO STAY SAFE ONLINE



Weekly info

Screen Time, Phone Addiction and Sleep

Constant notifications, late-night scrolling, and gaming can affect mental health, focus, and sleep, making school and relationships harder. Year 7s often feel pressure to be "always on" in group chats — staying up late so they don't miss out, leading to exhaustion and phone addiction.

Parent Strategy: Set clear phone rules at night (e.g. charging devices outside bedrooms). Monitor screen time in the settings on your child's phone.

If you have any concerns, please speak to your child's head of year or contact Lauren Gillott, E-Safety Lead (lgillott@mulberryschoolstrust.org)

MATHS PROBLEM OF THE WEEK

Did you manage to solve the maths problem this week?

Stephen leaves Middlesbrough by train at 09:00. The train travels the first 27 km at 96 km per hour. It then stops at Darlington for 3 minutes, before travelling the remaining 29 km to Durham at the same speed.

At what time does Stephen arrive in Durham?

ANSWER: 09:38



If you would like your child to receive the flu vaccination or nasal spray this will take place in school on the following dates:

20th October

24th November

Please follow the link and consent for this to be given. If you do not consent can you still complete the consent form

<https://london.schoolvaccination.uk/flu/2025/towerhamlets>



If your child has Asthma or allergies, it is a requirement that they have a care plan. A care plan will be sent home to parents to complete and return back to school with their medication.

School must be informed if your child has any medical conditions and need to take medication.