



Executive Principal's and Principal's News



TrailFam team

The TrailFam runners were out before school on Monday morning for a training session and a run around the local area. It was great to see such energy and enthusiasm so early in the morning.



TrailFam team with Hayden Hawks in the New Forest



MAS choir

The TrailFam team also spent a fantastic two days last week with ultramarathon champion, Hayden Hawks. Read more on page 2.

It's always a real treat listening to our students singing in the Street on Wednesdays and we're really pleased to see so many students getting involved in the choir.

Our Sixth Form is a brilliant place to



Sixth Form independent study

study a wide range of subjects and our students have made a great start to this academic year. They apply themselves really well to their independent learning, helping them to improve their knowledge, skills and academic performance.

If you're starting looking for a place in Year 12 for September 2026, come along to one of our Sixth Form open events: Open Evening, Tuesday 14th October, 4-6pm and Saturday 15th November 9-10am.

Our Year 6 Open mornings continue over the next two weeks, so if you're looking for a place in Year 7 for September 2026, do come along. The dates are:

Open Mornings (at 9.15am)

Mon 22nd to Wed 24th Sept

Mon 29th Sept to Wed 1st Oct

Mon 6th to Wed 8th Oct

Open Evening

Thursday 2nd October, 4-6pm

Open Morning

Saturday 11th October, 9-11am

Thank you,

Mrs Ruth Holden,
Executive Principal

Ms Melissa Gibson,
Principal

Sixth Form News

Well done to all Year 12 students on completing early assessment week. This provided a clear picture of progress and highlighted where revision and focus are needed as the year continues.

Drop Day was a great success, with Year 12 exploring the theme of 'Grow Throughout Life' through CEIAG activities, while Year 13 took part in subject interventions to strengthen their progress.

All students must log in to Unifrog regularly, as it is essential for

exploring pathways, recording achievements, and preparing for next steps. The VESPA Academy also offers valuable resources to build vision, effort, systems, practice, and attitude, helping students develop the habits needed for success.

On Thursday a group of Year 12 students attended the King's Trust event with Miss Gillott and Mr Griffiths. It was a fantastic occasion that allowed students to gain insight, inspiration, and confidence for the future. Well done!



For their Drop Day on Wednesday, A level Art students visited famous London landmarks.

The aim of the trip was to collect visual information to support their personal projects.

In a span of only 4 hours students visited Leadenhall market, St Dunstan's Gardens, the Guildhall and the Barbican.

Sixth Form Open Events

If you're in Year 11 and looking for a Sixth Form Place for September 2026, come and visit us at one of our open events...

Open evening Tuesday 14th October 2025 4pm-6pm

Open morning Saturday 15th November 2025 9am-10am

TRAILFAM with Hayden Hawks

Last week, TrailFam celebrated our new partnership with 3 industry leading outdoor brands, Hoka, Precision Fuel and Hydration and Sungod.

To cement what is a huge vote of trust in young people from our city, the partnership event was spearheaded by Hayden Hawks. Hayden is one of the best trail and ultra athletes on earth, with wins at the most prestigious races across the globe.

Over the 2 days, TrailFam athletes from MAS enjoyed a trail run with Hayden in the New Forest, a full athlete lab experience at Precision HQ, followed by a community run and athlete meet at the flagship Hoka store

in Covent Garden.

The following day, Hayden, along with the team from Precision came to MAS to meet our team. After an afternoon of interviews, mentoring and new kit unboxing, an incredible 2 days was

finished off with a shake out run around our city.

Now back in his home state of Utah, Hayden has pledged to continue his support of TrailFam and our students and cannot wait to come back!



Mulberry Academy Shoreditch

WORD OF THE WEEK

Optimistic

adjective

DEFINITION
Feeling hopeful about the future. Being positive and expecting good things to happen.

EXAMPLE
Although his team hadn't won a game all year, Joe was optimistic that they would win today.
Alisha's optimistic attitude helps her to stay positive when she's having a tough time.

SYNONYMS
Positive.
Hopeful.
Look on the bright side.

ANTONYMS
Pessimistic.
Negative.

CHARACTERISTICS
From the Latin 'optimus' = the best.
'Optimism' is the noun.



A trip to see The Crucible

Miss Cody supported by a small army of teaching staff led an enchanting trip with the GCSE and A level Drama students (including some drama stars from younger years) to the Bridgewell Theatre to watch a fantastic production of "The Crucible" by Arthur Miller. I think it is safe to say the students were inspired by the incredible performance the actors put on.



"It was an amazing experience to visualise how actors can internalise the emotions and feelings of their characters" Year 12 student

"It was amazing and awesomesauce" Year 10 student

Drop Down Day

On Wednesday students across the school participated in a PSHE drop down day. Year 7 did workshops on Anti-bullying and online safety whilst Year 8 learned about diversity and consent. Year 9 explored issues around exploitation and substance abuse and Year 10 had workshops on mental health and wellbeing and road safety. Students also did a range of sessions on UniFrog.



NATIONAL FITNESS DAY

On Wednesday we marked this year's National Fitness Day with activities in the Street and a display sharing our favourite ways to keep fit and healthy.



Bacchae at the National Theatre

On Monday the Y12 &13 Classics and Drama students enjoyed an evening trip to the thrilling new production of Euripides' Greek tragedy, the Bacchae. This exhilarating (and bloody!) retelling captured the play's essential themes of identity and transformation, with a contemporary edge. Dionysus is a migrant god searching for acceptance, whilst the Bacchantes are a brutal feminist force to be reckoned with. Ultimately, the inspiring presence of the god of freedom and theatre reminded us of the value in studying and performing these incredible ancient texts, which still find relevance today.



If you would like your child to receive the flu vaccination or nasal spray this will take place in school on the following dates:

20th October
24th November

Please follow the link and consent for this to be given. If you do not consent can you still complete the consent form

<https://london.schoolvaccination.uk/flu/2025/towerhamlets>



If your child has Asthma or allergies, it is a requirement that they have a care plan. A care plan will be sent home to parents to complete and return back to school with their medication.

School must be informed if your child has any medical conditions and need to take medication.

SUPPORTING YOUR CHILD TO Stay safe online



Strangers online can pretend to be someone else and use private chats or gaming platforms to build trust, sometimes leading to grooming or scams. Year 7s often meet new "friends" in online games — not realising that these could be adults pretending to be kids.

Parent Strategy: Encourage children to only talk with people they know in real life. Keep gaming devices and phones in shared family spaces where conversations are easier to supervise.

If you have any concerns, please speak to your child's head of year or contact Lauren Gillott, E-Safety Lead (lgillott@mulberryschoolstrust.org)

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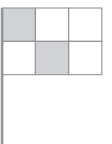
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MATHS PROBLEM OF THE WEEK

Did you manage to solve the maths problem this week?

A picture of a flag is to be completed by shading two squares that do not share an edge. The diagram shows one way in which this can be done.

How many different possible completed pictures are there (including the one shown)?



ANSWER: 8

If the squares are numbered 1 to 6, as shown. The possible pairings are:

| | | |
|---|---|---|
| 1 | 3 | 5 |
| 2 | 4 | 6 |

1 and 4 1 and 6 2 and 5 3 and 6
1 and 5 2 and 3 2 and 6 4 and 5