

Executive Principal's and Principal's News



Meet the Tutor

It was a real pleasure to meet our Year 7 families on Tuesday at our Meet the Tutor event. It was a great opportunity for parents/carers to get to know their child's tutor.

Drop Down Day

On Wednesday students had a PHSE drop down day focused on mental health and wellbeing! Loudmouth theatre company came into school and presented thought-provoking scenarios to get Year 9 students



thinking about issues around relationships, personal safety, child exploitation etc.

MAS Choir

It's always a treat to hear the choir practising in The Street every Wednesday and particularly nice to see lots of Year 7 students involved. We look forward to hearing them sing at the next concert.



Finally, it was lovely to see our Year 11 students' exam success featured in the September issue of Our East End!

Thank you,
Mrs Ruth Holden,
Executive Principal
Ms Melissa Gibson,
Principal



Open Evening

Thursday 3rd October .
4pm-6pm

Open Mornings

Mon 30th Sept - Thur 3rd
October
Mon 7th - Thur 10th October
Please arrive by 9.15am

Saturday 19th October
9.00.am-10.30am

Come and see us!

Sixth Form News

A huge congratulations to everyone on the fantastic start to enrichment, with a special mention to the Health and Social Care cohort for receiving excellent feedback from several enrichment providers—keep up the great work! A big shoutout to Hannah, Muna, Mabel, Chaya, Muhsina, Henon, and Diana for their successful applications and interviews to join the Global Girl Leading Programme. Best of luck with your Conference Leader training! Well done to the vocational cohorts for their efforts during their respective assemblies—now it's time to dive into your MAS6 Diploma work! Good luck to the Year 13 Health and Social Care students who begin their work experience placements next Monday across various organisations—embrace the opportunity and enjoy the experience. All the best to Iusha, who sat her LNAT assessment on Thursday—we're wishing you every success. A big well

done to Sami, Titi, Ogaga, Santiago, Isiah, Emaan, Diana, Iusha, and Adeshola for starting the TrailFam Community Year 13 running club on Monday afternoons. Lastly, thank you to Diana and Iusha for your help at the Year 7 meet-the-tutor evening—your continued dedication truly embodies what it means to be a MAS student!

Sixth Form Enrichment Launch

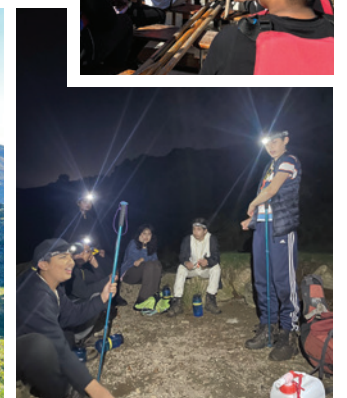
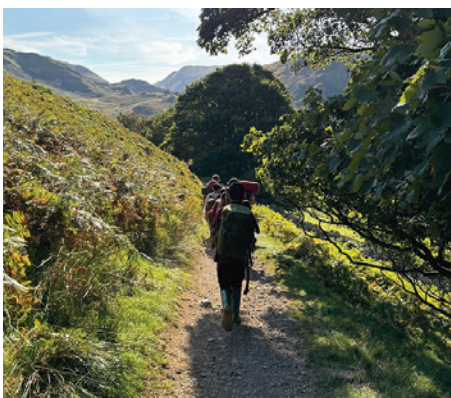
This week marked the exciting launch of our Sixth Form Enrichment Programme with our first Year 12 cohort. Students enjoyed a variety of activities including bowling, gaming, and tackling an escape room challenge.



Two groups explored local street food at DF Tacos and indulged in treats from Darlish Ice Cream, while others were introduced to the Columbia Road Youth Centre. Meanwhile, some students hit the court for a basketball session with our coach in the newly renovated sports hall. It was a fantastic start to our 10-week programme, and we can't wait for what's to come!

Lake District House trip

Hi, I'm Marwa Ali and I'm one of 20 students that went to the Lake District last week with Ms Milton, Mr Beckerton and Ms Hassan. We took part in camping, gorge walking, canoeing, rowing and rock climbing! My favourite activity was gorge walking because we got to climb rocks while we were in the water. My most challenging moment was climbing the mountain because I'd never climbed one before! We were able to show teamwork by communicating with others while doing the activities and I showed resilience by keeping going and never giving up. I would like to thank my friends Nicoleta, Scarlett and Tamara for telling me not to give up when it got difficult



Mulberry Academy Shoreditch

Paris Trip

TUESDAY 25TH MARCH TO THURSDAY 27TH MARCH 2025 YEARS 9 & 10

3 DAYS OF FRENCH CULTURE

SEE MS ANTHONY FOR MORE INFO

the feast

WELLBEING GROUP

THE CLUB WILL BE A SAFE SPACE TO MEET TO:

- PLAY GAMES AND ACTIVITIES TO GET TO KNOW ONE ANOTHER
- TALK ABOUT OUR WELLBEING TOGETHER
- LEARN ABOUT OUR SIMILARITIES AND DIFFERENCES, WHETHER WE ARE RELIGIOUS OR NOT
- OFFER OPPORTUNITIES TO BE INVOLVED IN EXCITING COMMUNITY PROJECTS

When? Thursdays after school from 3.30-4.45pm
Where? Room 404

The Feast is a charity working with young people which explores faith and talks about our wellbeing and identity, whether we are religious or not!

Last week, Ms Fabian, Miss Higgins and Ms Bracken went to see one of the English department's favourite authors, the award winning Elizabeth Strout at a literary festival. We had a great time and can't wait to tell students about it during our International Women's Day Writer's Workshop later in the year.



GREENPOWER



Racing at the Lotus test track

On Sunday 22nd September our STEM Academy Greenpower race teams went to the East Anglia Lotus test track to take part in more Greenpower race sessions.

Despite a damp track, we were top of the charts in the practice session.

For our Y11 team we raced both sessions and led for the majority of laps, finishing fifth overall - beating half a dozen custom cars which generally run faster than us.

On a wet track following heavy rainfall, the Year 12 team did exceptionally well again, leading for the first six laps and then dropping to third for the last two laps when they experienced mechanical issues. Well done to all the students who took part!

Lambourne End trip

Nine students from Inclusion enjoyed a trip to Lambourne End Centre for Outdoor Learning on Thursday. They had a great time exploring the farm and they fed and petted the animals. Here are some photos from their trip.



PHSE Drop Day

During a whole school drop day on Wednesday, students did a wide range of workshops focused on mental health and wellbeing.



For their Drop Day, Year 13 Art students had the opportunity to explore the local area, its hidden alleys, and more known spaces like the Leadenhall Market. They documented their journey gathering inspiration for the future projects.

Year 7 workshops were focused on anti-bullying and E-safety and Year 8 explored diversity and consent. Year 9 learned about issues such as exploitation, substance abuse and relationships with Loudmouth theatre and Year 10 learned how to manage challenge. Year 11 had workshops on

how to manage stress and anxiety and employment skills, whilst Year 12 were introduced to UniFrog and learned how to write a personal statement. Year 13 spent their day in subject intervention classes.

Mulberry Academy Shoreham

WORD OF THE WEEK

Optimistic

adjective

DEFINITION

Feeling hopeful about the future. Being positive and expecting good things to happen.

EXAMPLE

Although his team hadn't won a game all year, Joe was optimistic that they would win today. Aliha's optimistic attitude helps her to stay positive when she's having a tough time.

SYNONYMS

Positive. Hopeful. Look on the bright side.

ANTONYMS

Pessimistic. Negative.

CHARACTERISTICS

From the Latin 'optimus' = the best. 'Optimism' is the noun.

Global Girl Leading

Congratulations to Amelia Ansar and Ashfi Sultana from Year 10, along with Hannah Jobber, Muna Mohammed, Mabel Windram, Chaya Tison, Muhsina Khan, and Henon Habbatmu in Year 12, for successfully earning their roles as Global Girl Leading Conference Leaders! After a competitive application process and interviews with Mulberry Schools Trust CEO, Dr. Ogden, these students stood out for their leadership potential. This week, they have officially begun their training as they prepare for the upcoming conference on 11th October. We can't wait to see them in their roles on the day!

Global Girl Leading Fundraising

We are currently fundraising to support a group of Kenyan students from Lenana School, who will be visiting us next month as part of the Global Girl Leading initiative. Lenana is a school located near Nairobi and run by a charity that helps orphaned and vulnerable girls aged 11-22. To support this cause, we have held bake sales all this week and have currently raised over £400. Bake sales will continue next week during break and lunch on Tuesday, Wednesday, and Thursday. You can get involved by baking cakes or making a donation, students should bring any cakes to the House Office. Thank you to all that have supported and donated money so far!

Year 13 Politics trip

On Friday 20th September the Y13 A Level Politics class visited the Houses of Parliament, taking part in a tour and workshop. As part of the tour they got to visit the House of Commons and House of Lords chambers as well as Westminster Hall, bringing to life everything they have learned about UK government and politics. During the subsequent workshop the students formed their own political parties and took part in a mock election, delivering

speeches outlining their key manifesto pledges. Overall it was a fascinating and lively trip that greatly enriched their study of the UK's political system.



Musical notes



A big thank you to all the students who attended the first week of clubs in the music department. It was great to see so many young musicians rehearsing and sharing music after school.

A reminder of the clubs available (just inserts of the posters would be great)

Congratulations to the following students who have passed their ABRSM practical music exams:

Leo Togher - Grade 2 Trombone - Passed with merit!

Jaya Green - Grade 1 Flute - Passed with merit!

Alisa Young - Grade 1 Violin - Passed with distinction!

Isabell Uzoigwe - Grade 1 Clarinet - Passed!

Jessica Williams-Cox - Grade 1 Clarinet - Passed!

Jazz Pacheco - Grade 3 Cello - Passed with Distinction!



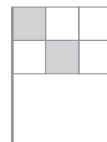
Our Year 7&8 Football team Monday against latymer school in an ESFA football match.

MATHS PROBLEM OF THE WEEK

Did you manage to solve the maths problem this week?

A picture of a flag is to be completed by shading two squares that do not share an edge. The diagram shows one way in which this can be done.

How many different possible completed pictures are there (including the one shown)?



ANSWER: 8

If the squares are numbered 1 to 6, as shown. The possible pairings are:

1	3	5
2	4	6

1 and 4 1 and 6 2 and 5 3 and 6
1 and 5 2 and 3 2 and 6 4 and 5



Flu immunisation for pupils in year 7,8,9,10 and 11

If you would like your child to receive the Flu vaccination, please complete the link below to consent.

This will be done in school on the 8th October and 19th November.

<https://london.schoolvaccination.uk/flu/2023/towerhamlets>