MAS Sixth Form (MAS6) Year 12 Personal Development Programme 2023-24

Autumn Term 1									
Year 12 Personal Development Programme of Study	Intent								
MAS Value:			Assemblies		Form Time	Drop Day			
		Week 1		Week 1 Week 2	How to articulate their relationship values and to apply them in different types of relationships https://www.unifrog.org/teacher/resources/shared/respectful- relationships-values-and-differences	Topic area: Grow throughout life			
	RSHE		MAS6: What should our standards and expectations be? International Literacy Day	Week 3	To recognise and challenge prejudice and discrimination and understand rights and responsibilities regarding inclusion	Learning objectives:			
			https://globaldimension.org.uk/calendar/international- literacy-day/2024-09-08/	Week 4	https://www.unifrog.org/teacher/resources/shared/understanding- inclusion To recognise, respect and, if appropriate, challenge the ways	 Actively seeking out help, support and feedback Taking responsibility for your learning and aiming high Seeking out challenges and opportunities for 			
		Week 2		Week 5 Week 6	different faith or cultural views influence relationships <u>https://www.unifrog.org/teacher/resources/shared/understanding-</u> cultural-identity-and-cultural-competency	development 4. Reflecting on and recording achievements, experiences and learning and communicating them to others			
	SMSC	Week 3 MSC Week 4	The Great Big Green Week <u>https://globaldimension.org.uk/calendar/great-big-</u> <u>green-week/2024-09-24/</u> Black History Month <u>https://globaldimension.org.uk/calendar/black-history-</u> <u>month/2023-10-01/</u>	Week 1 Week 2	Skills and strategies to confidently manage transitional life phases <u>https://www.unifrog.org/teacher/resources/shared/acknowledging-</u> skills-and-assets	 Planning next steps in learning and work Discussing and reflecting on the impact of heritage, identity and values 			
				Week 3	To recognise how idealised images of bodies and pressure to conform, can adversely affect body image and self-esteem;	Learning overview:			
Global Citizenship Programme				Week 4	strategies to manage this pressure https://www.unifrog.org/teacher/resources/shared/body- enhancement	in a conversation with a careers adviser. Learners will complete a self-reflection exercise to support conversations with careers advisers.			
				Week 5 Week 6	To understand the issues and considerations relating to body enhancement or alteration, including long-term consequences <u>https://www.unifrog.org/teacher/resources/shared/body-</u> enhancement	Learners explore the importance of creating a positive and professional personal brand.			
				Week 1	What is diversity? https://www.unifrog.org/teacher/resources/shared/what-is-	Learners reflect on their career journey so far by completing a career journey timeline template.			
		Week 5		Week 2	diversity	Learners explore the skills that are valued by a range of employers and reflect on the best ways to record these skills.			
	Citizenship and British Values		World Mental Health Day https://globaldimension.org.uk/calendar/world- mental-bealth-day/2023-10-10/	Week 3 Week 4	Celebrating black excellence in your studies https://www.unifrog.org/teacher/resources/shared/celebrating- black-excellence-in-your-studies-treasure-hunt	Learning resources:			
		Week 6	<u>mental-health-day/2023-10-10/</u> One World Week <u>https://globaldimension.org.uk/calendar/one-world-</u> <u>week/2023-10-24/</u>	Week 5	The Black Lives Matter movement https://www.unifrog.org/teacher/resources/shared/the-black-lives-	https://www.unifrog.org/teacher/resources/shared/preparing- for-a-personal-guidance-one-to-one https://www.unifrog.org/teacher/resources/shared/personal-			
	UCL Global Citizenship Programme			Programme. F	matter-movement vith UCL Global Learning dept to discuss a distinctive Global Citizenship or the time being, teachers are asked to integrate the importance of ent affairs to support awareness of local and global issues. <u>https://www.bbc.co.uk/news</u>	branding-your-cv-and-online-profile https://www.unifrog.org/teacher/resources/shared/reflecting- on-my-career-journey-past-present-and-future https://www.unifrog.org/teacher/resources/shared/what-are- my-employability-skills			

	Autumn Term 2									
Year 12 Personal Development Programme of Study	Intent		Implementation							
MAS Value:			Assemblies	Assemblies Form Time						
			World Colored Day for Descent d Dayslamout	Week 1	To manage personal safety in new relationships, including online activity or when meeting someone for the first time		Topic area:			
Global Citizenship	RSHE	Week 1	World Science Day for Peace and Development <u>https://globaldimension.org.uk/calendar/world-</u> <u>science-day-for-peace-and-development/2023-11-10/</u>	Week 2	whom they met online https://www.unifrog.org/teacher/resources/shared/respectful- relationships-meeting-new-people	Explore possibilities				
Programme			Remembrance Day https://globaldimension.org.uk/calendar/armistice- day/2023-11-11/	Week 3	To develop and maintain healthy, pleasurable relationships and explore different levels of emotional intimacy	1.	Having a clear understanding of the learning pathways			
		Week 2	uay/2025-11-11/	Week 4	https://www.unifrog.org/teacher/resources/shared/respectful- relationships-trust-and-intimacy		and qualifications that learners will need to pursue a career			

			Week 5	To manage the ending of relationships safely and respectfully, including online	 Actively researching and reflecting on workplaces, workplace culture and expectations
			Week 6	https://www.unifrog.org/teacher/resources/shared/respectful-	3. Analysing and preparing for recruitment and selection
			WEEKO	relationships-ending-relationships	processes
			Week 1	To recognise signs of change in mental health and wellbeing and demonstrate a range of strategies for building and	Learning overview:
	Week 3		Week 2	maintaining positive mental health, including managing stress and anxiety <u>https://www.unifrog.org/teacher/resources/shared/mental- health-accessing-support</u>	Learners compare the pathways available to them after Mulberry Academy Shoreditch at the age of 18, including university, employment, apprenticeships, FE colleges, and gap
		Global Education Week	Week 3	To recognise common mental health issues such as anxiety, depression, eating disorders, self-harm and compulsive	years.
SMSC	Week 4	https://globaldimension.org.uk/calendar/global- education-week/2023-11-14/ COP 28		behaviours [NB It is important to avoid teaching methods and resources that provide instruction on ways of self-harming, restricting food/inducing vomiting, hiding behaviour from	Learners explore some of the ways they can prepare for an interview, including researching the organisation, reflecting on their key skills, and thinking of questions to ask the employer.
		https://globaldimension.org.uk/calendar/cop27/2023- <u>11-30/</u>	Week 4	others etc., or that might provide inspiration for students who are more vulnerable (e.g. personal accounts of weight change) <u>https://www.unifrog.org/teacher/resources/shared/mental- health-accessing-support</u>	Learners are introduced to the employer profiles within the Know-how library, to explore what it's like to work at some of the world's largest organisations.
				To recognise when they, or others, need support with their mental health and effective strategies to address difficulties	Learning resources:
			Week 6	and promote wellbeing https://www.unifrog.org/teacher/resources/shared/mental- health-accessing-support	https://www.unifrog.org/teacher/resources/shared/post-18- choices-choices https://www.unifrog.org/teacher/resources/shared/the-basics-
			Week 1	Exploring stereotypes and microaggressions https://www.unifrog.org/teacher/resources/shared/exploring-	of-interviews-in-person-and-online https://www.unifrog.org/teacher/resources/shared/exploring-
	Week 5		Week 2	racism-and-anti-racism	employer-profiles
Citizenship and British	British	International Volunteer Day	Week 3		
Values		https://globaldimension.org.uk/calendar/international- volunteer-day/2023-12-05/	Week 4	https://www.unifrog.org/teacher/resources/shared/exploring- racism-and-anti-racism	
	Week 6	International Migrants Day https://globaldimension.org.uk/calendar/international- migrants-day/2023-12-18/	Week 5	Exploring privilege	
			Week 6	nttps://www.unifrog.org/teacher/resources/shared/exploring- privilege	
UCL Global Citizenship Programme			Citizenship Prog	with UCL Global Learning dept to discuss a distinctive Global ramme. For the time being, teachers are asked to integrate the current affairs to support awareness of local and global issues. https://www.bbc.co.uk/news	

	Spring Term 1								
Year 12 Personal Development Programme of Study	Intent				Implementation				
MAS Value:			Assemblies		Form Time	Drop Day			
				Week 1	To understand the moral and legal responsibilities that someone seeking consent has, and the importance of	Topic area:			
		Week 1		Week 2	respecting and protecting people's right to give, not give, or withdraw their consent (in all contexts, including online)	Managing careers			
		Week 1	Martin Luther King Jr. Day	Week 2	https://www.unifrog.org/teacher/resources/shared/consent- matters	Learning objectives:			
	RSHE		https://globaldimension.org.uk/calendar/martin- luther-king-jr-day/2024-01-15/	Week 3	To understand the emotional, physical, social and legal consequences of failing to respect others' right not to give or	 Being able to describe the concept of a career and say what it means to you 			
	KSHE		International Day of Education https://globaldimension.org.uk/calendar/international-	Week 4	to withdraw consent https://www.unifrog.org/teacher/resources/shared/consent-	 Building learners confidence and optimism about the future and acting on it 			
Global Citizenship Programme		Week 2	day-of-education/2024-01-24/	Week 5	<u>matters</u> How to recognise, and seek help in the case of, sexual abuse,	Actively planning, prioritising and setting targets for the future			
		week 2		Week 5	exploitation, assault or rape, and the process for reporting to appropriate authorities	4. Considering the risks and rewards of different pathways			
				Week 6	https://www.unifrog.org/teacher/resources/shared/consent- matters	and careers and deciding between them 5. Managing the transition into the post-16 learning context			
			LGBT+ History Month https://globaldimension.org.uk/calendar/lgbt-history-	Week 1	To take responsibility for monitoring personal health and wellbeing, including sun safety, breast awareness and self-	and preparing for post-18 transitions 6. Being proactive about being resilient and learning from			
	SMSC	Week 3	month/2024-02-01/ Children's Mental Health Week		examination, testicular self-examination and cervical screening	setbacks			
			https://globaldimension.org.uk/calendar/childrens- mental-health-week/2024-02-06/	Week 2	https://www.unifrog.org/teacher/resources/shared/leaving- home-building-a-healthy-lifestyle	Learning overview:			

			Week 3	How to register with and access health services in new locations	Learners explore the concept of a career goal and implement the RAM goal-setting method to refine their own career goals.
			Week 4	https://www.unifrog.org/teacher/resources/shared/leaving- home-building-a-healthy-lifestyle	Learners explore the challenges associated with post-18
	Week 4		Week 5	How to maintain work-life balance, including understanding the importance of continuing with regular exercise and sleep,	transitions and the strategies they could use to manage these challenges.
			Week 6	and balancing time online https://www.unifrog.org/teacher/resources/shared/leaving- home-building-a-healthy-lifestyle	Learners explore the four different types of career (single track, serial, portfolio and lifestyle) and decide which one could be
			Week 1	Exploring anti-immigrant racism https://www.unifrog.org/teacher/resources/shared/exploring-	right for them.
	Nship and British Values Week 6	Valentine's Day https://globaldimension.org.uk/calendar/valentines- day/2024-02-14/ World Day of Social Justice https://globaldimension.org.uk/calendar/world-day-of- social-justice/2024-02-20/	Week 2	anti-immigrant-racism	Learning resources:
Citizenship and British			Week 3	Climate change: Busting myths <u>https://www.unifrog.org/teacher/resources/shared/climate-change-busting-myths</u> Tackling the climate crisis: What can I do?	https://www.unifrog.org/teacher/resources/shared/setting- career-goals
Values			Week 4		https://www.unifrog.org/teacher/resources/shared/confidently- managing-transitions
			Week 5		https://www.unifrog.org/teacher/resources/shared/what-type- of-career-is-best-for-me
			Week 6	https://www.unifrog.org/teacher/resources/shared/tackling- the-climate-crisis-what-can-i-do	
UCL Global Citizenship Programme			Citizenship Prog	with UCL Global Learning dept to discuss a distinctive Global ramme. For the time being, teachers are asked to integrate the urrent affairs to support awareness of local and global issues. <u>https://www.bbc.co.uk/news</u>	

	Spring Term 2									
Year 12 Personal Development Programme of Study	Intent			Implementation						
MAS Value:			Assemblies		Form Time	Drop Day				
				Week 1	To understand the implications of unintended pregnancy and young parenthood; to recognise the advantages of delaying	Topic area:				
		Week 1	Fairtrade Fortnight	Week 2	conception, whilst acknowledging the changes in fertility with age https://www.unifrog.org/teacher/resources/shared/making-	Create opportunities				
	RSHE		https://globaldimension.org.uk/calendar/fairtrade- fortnight/2024-02-26/	Week 3	choices-about-pregnancy-and-parenthood To negotiate, and if necessary be able to assert, the use of contraception with a sexual partner	Learning objectives: 1. Building and maintaining relationships and networks				
	KSITE	Week 2	Zero Discrimination Day <u>https://globaldimension.org.uk/calendar/zero-</u> <u>discrimination-day/2024-03-01/</u>	Week 4	https://www.unifrog.org/teacher/resources/shared/making- choices-about-your-sexual-health	within and beyond Mulberry Academy Shoreditch 2. Being proactive about life, learning and careers				
				Week 5	To access the pathways available in the event of an unintended pregnancy and understand the importance of	Being creative and agile regarding career pathway development A. Representing yourself and others				
				Week 6	getting advice and support quickly <u>https://www.unifrog.org/teacher/resources/shared/making-</u> choices-about-pregnancy-and-parenthood	 Acting as a leader, role model or example to others Considering entrepreneurialism and self-employment as a 				
Global Citizenship		Week 3		Week 1	To assess and manage risk and personal safety in a wide range of contexts, including online; about support in place to	career pathway Learning overview:				
Programme				Week 2	safeguard them in these contexts and how to access it <u>https://www.unifrog.org/teacher/resources/shared/staying-</u> safe-dangerous-and-emergency-situations	Learners explore the concept of a career goal and implement the				
			World Book Day https://globaldimension.org.uk/calendar/world-book-	Week 3	To manage personal safety in relation to travel, such as cycle safety, young driver safety, passenger safety, using licensed	RAM goal-setting method to refine their own career goals.				
	SMSC		<u>day/2024-03-07/</u> International Women's Day https://globaldimension.org.uk/calendar/international-	Week 4	taxis and getting home safely https://www.unifrog.org/teacher/resources/shared/staying- safe-transport-and-travel	Learners explore the challenges associated with post-18 transitions and the strategies they could use to manage these challenges.				
		Week 4	<u>womens-day/2024-03-08/</u>	Week 5	To perform first aid and evaluate when to summon emergency services, irrespective of any potential legal	Learners explore the benefits and drawbacks of different types of				
				Week 6	implications, for example, when the situation involves alcohol, drugs, gangs or violent crime <u>https://www.unifrog.org/teacher/resources/shared/staying-</u>	paid work and volunteering. They reflect on what types of paid work and volunteering opportunities are more suitable for them.				
			Mother's Day	Week 1	safe-dangerous-and-emergency-situations Tackling the climate crisis: The global effort	Learning resources:				
	Citizenship and British Values	Week 5	https://globaldimension.org.uk/calendar/mothers- day/2024-03-19/ World Poetry Day	Week 2	https://www.unifrog.org/teacher/resources/shared/tackling- the-climate-crisis-the-global-effort	https://www.unifrog.org/teacher/resources/shared/setting- career-goals				

		https://globaldimension.org.uk/calendar/world- poetry-day/2024-03-21/	Week 3	The effects of climate change https://www.unifrog.org/teacher/resources/shared/the-	https://www.unifrog.org/teacher/resources/shared/confidently- managing-transitions
			Week 4	effects-of-climate-change	https://www.unifrog.org/teacher/resources/shared/researching- volunteering-and-paid-work
			Week 5	Global citizenship: Global issues https://www.unifrog.org/teacher/resources/shared/global-	
	Week 6		Week 6	citizenship-global-issues	
UCL Global Citizenship Programme			Citizenship Progra	with UCL Global Learning dept to discuss a distinctive Global mme. For the time being, teachers are asked to integrate the irrent affairs to support awareness of local and global issues. <u>https://www.bbc.co.uk/news</u>	

	Summer Term 1									
Year 12 Personal Development Programme of Study	Intent			Implementation						
MAS Value:			Assemblies		Form Time	Drop Day				
				Week 1	To recognise and manage negative influence, manipulation and persuasion in a variety of contexts, including online	Topic area:				
		Week 1	World Health Day	Week 2	https://www.unifrog.org/teacher/resources/shared/staying-safe- recognising-harassment-and-abuse	Balancing life and work				
			https://globaldimension.org.uk/calendar/world-health- day/2024-04-07/	Week 3	To recognise forced marriage and 'honour' based violence; to get help for themselves or others they believe to be at immediate or	Learning objectives:				
	RSHE		Earth Day https://globaldimension.org.uk/calendar/international-	Week 4	future risk https://www.unifrog.org/teacher/resources/shared/understanding-	 Planning for the kind of balance of work and life that you want 				
		Week 2	mother-earth-day/2024-04-22/	Week 5	forced-marriage Strategies to recognise, de-escalate and exit aggressive social	2. Taking action to improve your physical and mental wellbeing				
				Week 6	situations https://www.unifrog.org/teacher/resources/shared/staving-safe-	 Actively shaping your involvement in your family and community as part of your career planning 				
	SMSC	Week 3 Week 4	African World Heritage Day <u>https://globaldimension.org.uk/calendar/african-</u> <u>world-heritage-day/2024-05-05/</u> Mental Health Awareness Week <u>https://globaldimension.org.uk/calendar/mental-</u> <u>health-awareness-week/2024-05-09/</u>	Week 1	exiting-aggressive-social-situations To develop a nuanced understanding of how to select appropriate	 Planning for different life stages and considering the different life roles that you want to play 				
				Week 2	contraception in different contexts and relationships https://www.unifrog.org/teacher/resources/shared/making-	 Being aware of your role in ensuring rights and responsibilities in the workplace and in society 				
				Week 3	choices-about-your-sexual-health How to reduce the risk of contracting or passing on a sexually	 Taking action to challenge prejudice, stereotypes and discrimination in learning and workplaces when you 				
				Week 4	transmitted infection (STI) https://www.unifrog.org/teacher/resources/shared/making-	encounter them Learning overview: Learners explore some of the aspects involved in balancing life learning, and work, including mental and physical wellbeing, pros/cons of higher education, finances, and workplace rights				
Global Citizenship Programme				Week 5	choices-about-your-sexual-health How to take responsibility for their sexual health and know where,					
				Week 6	and how, to access local and national advice, diagnosis and treatment <u>https://www.unifrog.org/teacher/resources/shared/making-</u>					
		Week 5		Week 1	choices-about-your-sexual-health Global citizenship: Competencies	Learners explore the advantages and disadvantages of being self-employed, including the associated financial				
				Week 2	https://www.unifrog.org/teacher/resources/shared/global- citizenship-competencies	responsibilities.				
	Citizenship and		World Day for Cultural Diversity	Week 3	Global citizenship: MOOCS and beyond https://www.unifrog.org/teacher/resources/shared/global-	Learners will explore the pros and cons of apprenticeships and higher education pathways, focusing upon the financial				
	British Values		https://globaldimension.org.uk/calendar/world-day- for-cultural-diversity/2024-05-21/	Week 4	citizenship-moocs	implications.				
	UCL Global Citizenship Programme		Africa Day https://globaldimension.org.uk/calendar/africa- <u>day/2024-05-25/</u>	Week 5	Global citizenship: Reflections	Learning resources:				
		Week 6		Week 6	https://www.unifrog.org/teacher/resources/shared/global- citizenship-reflections	balancing-life-learning-and-work https://www.unifrog.org/teacher/resources/shared/being-self-				
-				Programme. Fe	vith UCL Global Learning dept to discuss a distinctive Global Citizenship or the time being, teachers are asked to integrate the importance of ent affairs to support awareness of local and global issues. <u>https://www.bbc.co.uk/news</u>	employed-and-working-freelance https://www.unifrog.org/teacher/resources/shared/money- talks-apprenticeships-vs-higher-education				

Summer Term 2	

Year 12 Personal Development Programme of Study	Intent		Implementation				
MAS Value:		Assemblies			Form Time	Drop Day	
				Week 1	Understand what is a UCAS reference	Topic area:	
		Week 1		Week 2	https://www.unifrog.org/teacher/resources/shared/introduction- to-ucas-references	Seeing the big picture	
				Week 3	How to write the UK Personal Statement and use the UK Personal Statement tool	Learning objectives:	
	UCAS			Week 4	https://www.unifrog.org/teacher/resources/shared/acing-your- personal-statement	 Evaluating different media, information sources and viewpoints and reflecting on the best way to get 	
		Week 2		Week 5	To think about the factors that are important to choose a UK university. To use a Diamond 9 grid and the 'UK universities'	information for your career 2. Exploring and responding to local and national labour	
				Week 6	search tool to decide the most important options <u>https://www.unifrog.org/teacher/resources/shared/diamond-9-</u> <u>uk-university</u>	market trends 3. Exploring and responding to trends in technology and science	
			Examinations	Week 1		 Exploring and responding to the relationship between your career and the environment Exploring and responding to the relationship between your career, community and society Exploring and responding to the relationship between your career, politics and the economy 	
	Work Experience (CV's and Cover Letters)	Week 3		Week 2	Explore the application processes involved with seeking placements, with a particular focus on CV's and covering letters https://www.unifrog.org/teacher/resources/shared/work- experience-cvs-and-cover-letters		
				Week 3			
		Week 4		Week 4		Learning overview:	
Global Citizenship Programme				Week 5		Learners explore the benefits and drawbacks of having a four- day work week.	
				Week 6		Learners explore the factors they should consider when	
				Week 1	- Pride Month	deciding if an employer is 'good' to work for. Learners explore the pros and cons of different work environments and reflect on which they think would be best for	
		Week 5		Week 2			
	Citizenship and British Values			Week 3		them. Learners debate the question 'is AI a threat to our jobs?' by	
				Week 4		considering what tasks are performed best by Al and what tasks are performed best by a human.	
				Week 5		Learning resources:	
				Week 6		https://www.unifrog.org/teacher/resources/shared/should-all-	
	UCL Global Citizenship Programme	Week 6		Programme. For the tim	CL Global Learning dept to discuss a distinctive Global Citizenship te being, teachers are asked to integrate the importance of current s to support awareness of local and global issues. <u>https://www.bbc.co.uk/news</u>	employers-adopt-a-four-day-week https://www.unifrog.org/teacher/resources/shared/what- makes-an-employer-good-to-work-for https://www.unifrog.org/teacher/resources/shared/in-person- hybrid-and-remote-what-works-best https://www.unifrog.org/teacher/resources/shared/is-ai-a- threat-to-our-jobs	