

Executive Principal: Mrs Ruth Holden, MA, NPQH

Friday 15th September 2023

Dear Parents, Carers and Students,

Hope you are all well and keeping safe. We've had another busy week at Mulberry Academy Shoreditch with students having their first House Assemblies of the year and also a special Societies Assembly for our Year 9 students!

Please see below for important information.

Respect our staff

At Mulberry Academy Shoreditch we will always try to address any queries or concerns that you may have and will always ensure that this is done in a professional and courteous manner. We ask that you engage positively with our staff and treat them with respect and courtesy at all times.

Flu immunisations

The flu vaccine will be offered at Mulberry Academy Shoreditch this Autumn/ Winter - This year, Vaccine UK will again be offering the nasal spray as well as the gelatine free alternative which is an injection. The nasal spray is more effective for young people however, if you wish your child to receive the flu injection instead of the nasal spray, they will need to consent to the vaccination and then they are given the option of nasal spray or injection.

To give consent for your child to have the flu vaccine, please click here:

<https://london.schoolvaccination.uk/flu/2023/towerhamlets>

Even if you do not wish for your child to have the vaccine, please complete the online form so that we can record your wishes.

Please see more information regarding the Nasal Flu Vaccine at the end of this letter.

Open Sessions

This year we are running tours and presentations of the school at 9:15am Monday to Thursday from the 18th September. Please share these dates and times with your friends and family.

Please see below for a list of all dates:

9:15 am - Monday 18th September to Thursday 21st September

9:15am - Monday 25th September to Thursday 28th September

9:15am - Monday 2nd October to Thursday 5th October

Our Open Evening is on Thursday 5th October from 4pm – 6pm

Part of the

Mulberry
Schools Trust



Year 7 Meet the Tutor

On Wednesday 27th September 2023, we are holding a Year 7 meet the tutor event. A letter with appointment times and more information will be sent out shortly.

Year 12 Meet the Team

On Wednesday 27th September 2023 we are holding a Year 12 Meet the Team event for all Year 12 students. Year 12 students will receive a letter shortly with more details.

If you cannot make this event, it is very important that you contact Ms Scales and rearrange an appointment time.

Yours faithfully



Ms Melissa Gibson
Head of School

Flu immunisation for pupils in school years Reception - Year 11

DEAR PARENT/CARER,

The flu vaccine is being offered at your child's school again this autumn/winter.

To give consent for your child to have the flu vaccine, please click here:

<https://london.schoolvaccination.uk/flu/2023/towerhamlets>

Even if you do not wish for your child to have the vaccine, please complete the online form so that we can record your wishes.

THE NASAL FLU VACCINE

- ✓ Protects your child from the flu.
- ✓ Protects your family and friends from the flu (especially those who are elderly, young babies, or those who have serious health conditions).
- ✓ Is painless, quick and effective.
- ✓ Is free



THE IM FLU VACCINE



We also offer the flu vaccine as an injection, which is **gelatine-free**. This *may* also be the vaccine of choice for vegans. Please go to our website where you can find out more about the manufacturing of the flu injection, and then decide if the injection is more suited to your child.

You only need to complete one consent form for each child. If you later change your mind, please call your local team. If your child has this immunisation elsewhere after you have submitted the consent form, you **MUST** inform Vaccination UK rather than the school.

We understand that you may have questions about the vaccine. For more information, please go to our website, where you can find a list of FAQ's, as well as details of our community catch up clinics. We also have some FAQ's enclosed below.

You can also find informational videos on our YouTube channel, including subtitled versions for other languages.

Yours Faithfully,

Your Local Immunisation Team
Vaccination UK



Vaccination UK

TOWER HAMLETS Immunisation Team Contact Details



towerhamlets@v-uk.co.uk



0207 613 9044

WORKING ON BEHALF OF



USEFUL INFO



We endeavour to come to your child's school twice. If they are absent or unable to be vaccinated at school, you will need to attend one of our community clinics for the vaccine. Details of these can be found on our website or you can contact the team above.



PLEASE NOTE the flu vaccine will **NOT** be available to otherwise healthy children after **December 15th** at all, and so we urge you to return the consent form as soon as possible in case we are not able to visit your child's schools for a second visit this year.



Your consent will remain in place for the entire flu season. If your child misses a first visit, you do not need to complete a second form.

USEFUL LINKS



www.schoolvaccination.uk/nasal-flu

www.youtube.com/@vaccinationuk



PRIVACY POLICY

Our 2023/24 policy can be viewed here:

www.schoolvaccination.uk/privacy-policy

For data protection queries, please contact:
dpo@vaccinationuk.co.uk



ADDITIONAL INFORMATION

*The consent form needs to be signed by a person with parental responsibility which includes:

- Mother: automatic
- Father: if married to the mother either when baby is born or marries subsequently
- Unmarried father: if name appears on birth certificate (since 1/12/03) or legally acquired
- Others: if parental responsibility is legally acquired
- Parental Responsibility Agreement: signed, properly witnessed and sent for registration to Principle Registry or the Family Division (High Court)
- Residence Order: granted by the Court

Please note that young people under the age of 16 can give or refuse consent if considered competent to do so by nursing staff.

FREQUENTLY ASKED QUESTIONS

Are there any side effects of the vaccine?

Possible side effects are: decreased appetite, headache, a runny or blocked nose, and sometimes a raised temperature. These are common, but they pass quickly and can be treated with paracetamol or ibuprofen if you feel your child needs it.

Are there any children who shouldn't have the nasal vaccine?

You should let us know if your child has any of the following:

- A very severe allergy to eggs, egg proteins, gentamicin or gelatine – it is important for us to know if your child has been admitted to hospital with a condition called anaphylaxis, triggered by these things.
- Are currently wheezy or have been wheezy in the past 72 hours with asthma. There is an alternative flu vaccine that we can talk to you about to ensure that your child is protected as soon as possible.
- Have a condition that severely weakens their immune system.

Also, children who have been vaccinated should avoid close contact with people with *very severely* weakened immune systems for around two weeks following vaccination (By severely weakened, we generally mean people who are isolating, such as those who have received some types of chemotherapy or people who have had a bone marrow transplant, for example). This is because there's an extremely remote chance that the vaccine virus may be passed to them.

Contact with other healthy children or adults does not need to be limited after having the vaccine.

We do not eat pork products.

Can my child have a different flu vaccine?

Yes. There is a flu vaccine available, in the form of an injection.

The nasal flu vaccine is the best vaccine for children and young people under 18 years of age as it is more effective at stopping the spread of flu and it is painless, but it does have a highly processed form of gelatine (porcine gelatine), which is used in a range of many essential medicines. The gelatine helps to keep the vaccine viruses stable so that the vaccine provides the best protection against flu.

If your faith or beliefs mean you would prefer a vaccine that has no pork (porcine gelatine) in it, please complete the consent for the flu injection only. You do not need to complete a form for both.

If your child is vegan, please note that the flu injection is a cell based vaccine. For more information, please see our FAQs page on our website:

<https://www.schoolvaccination.uk/nasal-flu>

Executive Principal's and Head of School's News



Societies

This week we launched our Societies to the new Year 9 cohort. The programme covers Science, History, Social Sciences, English and the Arts, Economics, and International Studies and Politics. A year long schedule has been put in place including trips to Bletchley Park, The Globe, National Space Centre, livery halls and museums around London, plus inspirational talks from fabulous speakers including local MP's and community leaders.

Students have selected a Society

they would like to join and 10 students for each Society will be chosen. Good luck to all that have applied!

Open Mornings

Our Open Mornings are starting from Monday 18th September – they will be starting at 9.15am every morning and you will have a headteachers welcome with a tour from Year 7 students.

Please see below:

Monday 18th – Thursday 21st September – 9.15am

Monday 25th – Thursday 28th September – 9.15am

Monday 2nd October – Thursday 5th October – 9.15am

Open Evening - Thursday 5th October from 4 – 6pm

At Mulberry Academy Shoreditch we will always try to address any queries or concerns that you may have and will always ensure that this is done in a professional and courteous manner. We ask that you engage positively with our staff and treat them with respect and courtesy at all times.

Thank you,
Mrs Ruth Holden,
Executive Principal
Ms Melissa Gibson,
Head of School

Sixth Form News

Fantastic start to the 2023/24 Academic year for Mulberry Academy Shoreditch Sixth Form!

The Sixth Form has made a terrific start to the start of term. Despite the unusually warmer weather and humid circumstances, the students have been excellent in picking up from where they left off before the summer break



and have been eager to demonstrate their new knowledge and understanding. It is extremely important that every student makes a productive start to the new term, whether you are studying towards coursework assignments, exam preparation or participating in enrichment activities!

Year 12 students should have by now chosen their enrichment activities. Enrichment will start next Wednesday 20th September. Please can all Sixth Form students remember that lanyards



and cards must be always worn whilst onsite. Your card should be clearly displayed and visible.

One final reminder, for those students who are studying a Vocational BTEC qualification – please use the side entrance to enter and leave the site. For those students who are studying an A-Level qualification, please use back entrance to enter and leave the site.

Y12 BTEC

The Sixth form is thrilled to welcome our largest BTEC cohort. Our new Year 12 students were excited to begin their new course this week, with lots of exciting new learning taking place in Health and Social Care, Business, Applied Science, and Sports. Meanwhile, our year 13 cohort was welcomed back with their fantastic Summer grades, with many of our students celebrating outstanding results. BTEC at MAS looks forward to another fantastic academic year ahead.



Lambourne End trip

On Thursday, a group of students from the Inclusion Unit enjoyed a wonderful day out at Lambourne End Centre for Outdoor Learning in Essex. They saw week-old piglets, sheep, cows horses and goats. They held rabbits and guinea pigs and learnt about the differences in animals' fur/wool etc. and then they finished their trip with a picnic. What a great experience and a fantastic place to visit!



SAVE THE DATE

Year 7 Meet the Tutor
Wednesday 27th
September 2023

Year 12 Meet the Team
Wednesday 27th
September 2023

Upcoming House Events

The Big Quiz
Thursday 28th September

Dodgeball
Thursday 12th October

Come along and join in!

First House Week for 23-24

This week marked the first full House Week of the Year. We've had a focus on 'back to school' and 'resilience' in our tutor times. These sessions have encouraged students to consider the challenges that others have faced historically as well as reflecting on any challenges that they may have faced at school. A highlight has been our Year 11 students speaking in assembly to give advice to the younger students about how showing resilience has allowed them to find happiness and success

while at school. Well done to everyone that has been involved this week. We're all looking forward to an exciting year full of events!



Jude and Charlie in Year 7 prepared a really good speech for the first Barbican assembly. They spoke about the House Day they enjoyed last week. Very well done to them both - it takes courage to stand up and deliver a speech to your whole House group.





Enrichment Wednesdays

On Wednesday afternoon, Year 12 students had an assembly to provide information about all the exciting enrichment opportunities they can choose for their Wednesday Enrichment afternoons this term. There is so many projects and activities they can opt for such as kayaking and cycling at teh Velodrome, Model United Nations, A



creative project with Greenpeace, Music for Life, Yoga, running with TrailFam, Krave Maga, STEM Crest Awards, Careers Hotseating and Health and Social Care Insights. These afternoons offer some excellent opportunities to learn, meet new friends and gain skills and experiences that will enhance their personal statements and CVs.

Place2Be

Mulberry Academy Shoreditch is very excited to share with all our families that we have become a Place2Be school this year.

What is Place2Be?

Place2Be is charity that helps young people to explore their emotions and feel better about themselves.

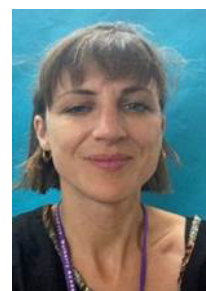
How do we provide support?

Place2Be is there to help young people find ways to cope, so their worries don't get in the way of their friendships, their learning or how they feel about themselves.

Place2Be also works with families, as well as teachers and school staff.

Susie Cunningham works from Tuesday to Friday and can be found in the Wellbeing Hub.

You can either arrange to meet Susie at school or email her on: Susie.Cunningham@place2be.org.uk. If you want to find out more about Place2Be visit www.place2be.org.uk



Improving children's mental health

In addition we are very fortunate to be working with SWISS this academic year.

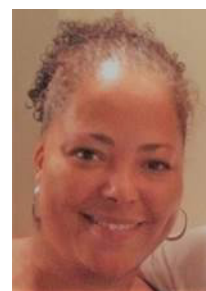
What is SWISS?

Following the success of the DfE funded project to place social workers in schools, Tower Hamlets are continuing to fund social workers in schools as part of its Early Help Service. Social workers will be working alongside school staff in relation to any safeguarding concerns that may arise and will work with children and families to resolve issues.

How do we provide support? (some examples follow)

- Signposting for support in housing, benefits and community resources
- Building relationships with young people, parents, schools and support service.
- Providing advice, guidance and parenting support
- Direct work with children and young people
- Workshops for young people
- Activities with children in the school holidays

Abbey Craven has extensive experience in this field and can be contacted via school or on 07783 763 165



GREENPOWER

Our Year 12 racing team had an early start on Sunday 10th September as they headed for a very hot Greenpower race day at Dunsfold Aerodrome (the Top Gear race track). Having started last they came an overall 8th and 2nd in their category F24+. Well done to the team!



MATHS PROBLEM OF THE WEEK

Did you manage to solve the maths problem this week?

You are told that 30 pupils have 25 different birthdays between them. What is the largest number of these pupils who could share the same birthday?

ANSWER: 6

There must be 25 pupils who all have different birthdays. If the remaining 5 pupils all have the same birthday as one of these pupils, then 6 pupils will share the same birthday.

Are you looking for a Secondary School place for September 2024?

Come and visit us....

Three weeks of Open Mornings

Time: 9.15am

Mon 18th September - Thurs 21st September

Mon 25th September - Thurs 28th September

Mon 2nd October - Thurs 5th October

Open Evening

Thursday 5th October
4pm-6pm

We would love to meet you.

2023 Best GCSE results ever on attainment and progress by students

Mulberry Academy Shoreditch

WORD OF THE WEEK

Wow!

Ambitious

Adjective

DEFINITION

Aiming high and being determined to achieve something remarkable, but difficult.

EXAMPLE

Tonisha was an ambitious athlete. She'd set a goal to break the world record for running 200m before the ages of 25 yrs.

If Isaac's ambitious plan worked, he would raise one million pounds by 2025.

SYNONYMS

Motivated.
Driven.

ANTONYMS

Unenthusiastic.
Not bothered.

CHARACTERISTICS

From the old French 'ambitieux'.

The noun is 'ambition'.

Flu spray for years 7 to 11



If you would like your child to receive the flu spray/vaccination, please can you complete the online consent form.

<https://london.schoolvaccination.uk/flu/2023/towerhamlets>

SPORTS CLUBS

Mulberry Academy Shoreditch

MONDAY

AFTER SCHOOL 3.40-4.30pm

YR8 Football

TUESDAY

BEFORE SCHOOL 7.45-8.30am
AFTER SCHOOL 3.40-4.30pm

Gym Before School 7.45-8.30pm
Badminton

WEDNESDAY

AFTER SCHOOL 3.40-4.30pm

GCSE intervention
Girls Football

THURSDAY

AFTER SCHOOL 3.40-4.30pm

Netball
YR9 Football
YR7 Football

FRIDAY

BEFORE SCHOOL 7.30-8.30pm

Gym Before School 7.45-8.30pm

Mulberry Academy Shoreditch

THE LIBRARY STUDENT VOICE GROUP

WE MEET EVERY WEDNESDAY LUNCHTIME IN THE LIBRARY

OPEN TO YEAR 7+8

Have your say in enhancing your library.

See Ms Nessa in the Library for more info

COME AND JOIN US CREATIVE WRITING CLUB

OPEN TO YEARS 7-11

Monday Lunchtimes 1.00-1.30pm Room 304

STARTS Wednesday 9th June

Exciting guests + trips + prizes
Competitions and snacks +
A chance to have your writing published!

Mulberry Academy Shoreditch

If you have any questions about this club please email Ms Fletcher-Ball
jfletcherball@mulberryacademyshoreditch.org