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| Personal Development programme | | |
| Autumn Term | | |
|  | Year 10 | Year 11 |
| MAS Value  Autumn 1 | Resilient | |
| Assemblies Autumn 1 | Wk 1 - MAS Values and Goal Setting, Wk 2 House Assembly, Wk 3 Adapting to change, Wk 4 Black History, Wk 5 Staying safe online, Wk 6 Rewards | |
| House Time  PSHE/RSE/Cit  Autumn 1 | **Health and Wellbeing:** Respecting myself and others - Mental and Emotional Health (characteristics of mental and emotional health, talking about mental health, strategies for managing it). Black History Month (FBV respect, tolerance and individual liberty) | |
| Drop Day 1  Autumn 1 | **Health and Wellbeing**  Goal setting and safeguarding health during periods of transition or change | **Health and Wellbeing** Maximising success, smart ways to revise and prepare |
| Tutor time  PSHE / RSE / Citizenship Autumn 1 | **Relationships:**  Personal safety how info is generated, collected, shared and used online, reducing risk in variety of settings | **Relationships:**  Personal values, assertive communication, relationship challenges and staying safe personally and financially |
|  | Year 10 | Year 11 |
| MAS Value  Autumn 2 | Curious | |
| Assemblies Autumn 2 | Wk 1 Remembrance, Wk 2 Anti Bullying, Wk 3 Charity, Wk 4 MAS Winter charity, Week 5 Celebrations around the world, Wk 6 Rewards | |
| House Time  PSHE/RSE/Cit  Autumn 2 | **Health and Wellbeing:** Respecting myself and others Healthy relationships  Anti-bullying and implications on mental and emotional health | |
| Drop Morning 1  Autumn 1 | **Relationships:**  Equality and Diversity | **Health and Wellbeing:**  Making responsible health choices and prioritising personal wellbeing and health |
| Tutor time  PSHE / RSE / Citizenship  Autumn 2 | **Relationships:**  Expectations in relationships, importance of stable relationships, consent and changing relationships | **Living in the wider world:** Next steps  Application processes, skills for further education, employment and career progression  Financial decision making |
| CEIAG | CEIAG opportunities take place both as part of the PD programme and independently (see careers map - include link) | |
| Science / PE / IT / Food  (Autumn Term) | Science – Smoking, Alcohol, Diet and Exercise |  |
| RE  (Autumn Term) | Exploring beliefs and teachings (Islam and Christianity) | Relationships and Family  Religion, peace and conflict |