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| Personal Development programme |
| Spring |
|  | Year 7 | Year 8 | Year 9 |
| MAS ValueSpring 1 | Respectful |
| AssembliesSpring  | Wk 1 – Learning from others, Wk 2 Managing challenges, Wk 3 House captains assembly, Wk 4 World interfaith week, Wk 5 LGBTQ+, Wk 6 Rewards  |
| House theme Spring 1 | Celebrating differences and LGBTQ+ History month |
| Drop morning 2Spring 1 | **Relationships** – Diversity and Discrimination \*Children’s Mental Health week | **Relationships** – Diversity and Anti-Bullying \*Children’s Mental Health week | **Relationships & Wider world** –Challenging stereotypes \*Children’s Mental Health week |
| Tutor timePSHE / RSE / CitizenshipSpring 1 | **Relationships:** Building relationshipsPositive qualities and behaviours / qualities in relationships (families, friendships, romantic), what to do if you are concerned about an unhealthy relationship and relationship boundaries\*Children’s Mental Health week | **Relationships:** Exploring identity and relationships Characteristics of positive relationships in person and online.Positive / negative peer influence. The impact of stereotyping, prejudice and discrimination\*Children’s Mental Health week | **Relationships:** FamiliesFamilies and parenting, healthy relationships, conflict resolution and relationship changes\*Children’s Mental Health week |
| MAS ValueSpring 2 | Communicative |
| AssembliesSpring 2 | Wk 1 LGBTQ+ Month, Wk 2 Why read / National Careers Week, Wk 3 International Women’s Day, Wk 4 Celebrating Differences, Week 5 Looking after me, Week 6 Rewards |
| House theme Spring 2 | Celebrating differences and LGBTQ+ History month |
| Drop Day 2Spring 2 | **Living in the Wider World & CEIAG**The Real Game: exploring job roles and budgeting  | **Living in the Wider World &****CEIAG**Exploring job roles and labour market information Employment, self-employment and voluntary work | **Living in the Wider World & CEIAG**Exploring job roles and labour market informationEmployment, self-employment and voluntary work |
| Tutor timePSHE / RSE / CitizenshipSpring 2 | **Relationships:** Diversity and RelationshipsSelf-confidence and self- esteem and challenging prejudice  | **Relationships:** Emotional WellbeingMental health and emotional wellbeing, including body image and coping strategies  | **Health and Wellbeing**Lifestyle balance, healthy choices and importance of body checks for health |
| CEIAG | CEIAG opportunities take place both as part of the PD programme and independently (see careers map - include link) |
| Science / PE / IT / FoodSpring Term | Science Drugs, Alcohol and SmokingFood Healthy snacks, designing and making a healthy snack for a teenager  | ScienceForensics - DNA and variations, cloning, asexual reproduction,inheritance, natural selectionFood - Healthy eating; designing and making healthy light mealsPE – Healthy eating and calorie expenditure and food quality | Science - Smoking – Alcohol and other carcinogens - Health – Heart disease and risk factors – Cancer – Diet and ExercisePE – What constitutes a healthy lifestyle and maintaining healthy weightIT - Website building - making sites accessible by all |
| RESpring Term | Exploring concepts of beliefs, facts and opinions. Understanding how arguments are constructed and the use of evidence to support points.  | Suffering and solutions | Exploring beliefs, teachings and practices from world religions and other world views. Living BiblicallyInvestigating how world religions and world views influence relationships and families. |