

Personal Development programme			
Summer			
	Year 7	Year 8	Year 9
MAS Value Summer 1	Ambitious		
House theme Summer	<b><u>Relationships:</u></b> Mental health awareness week		
Assemblies Summer 1	Wk 1 – You can make a difference, Wk 2 Next steps, Wk 3 Sports Day, Wk 4 Being the best I can be, Wk 5 HOH Rewards, Wk 6 HOY Rewards		
Drop morning 2	<b><u>Health and Wellbeing:</u></b> Sleep and its benefits, healthy eating – oral hygiene / dentist, keeping safe and healthy over the holidays	<b><u>Health and Wellbeing:</u></b> Sleep and its benefits, maintaining healthy eating and fad diets, personal hygiene, Keeping safe and healthy over the holidays	<b><u>Health and Wellbeing:</u></b> Sleep and its benefits, maintaining healthy eating –impact on stress management, keeping safe and healthy over the holidays
Tutor time PSHE / RSE / Citizenship Summer 1	<b><u>Living in the wider world</u></b> Developing skills and aspirations – part 2  Abilities and qualities required for different careers and challenging stereotypes, identifying future career aspirations	<b><u>Living in the wider world</u></b> -START online -Labour Market -Exploring education transitions	<b><u>Living in the wider world</u></b> Employability skills and online presence Young peoples permitted working hours, post 16 pathways, building your employability profile and online presence and STAR technique (interviews)
MAS Value Summer 2	Reflective		
Assemblies Summer 2	Wk 1 Plastics – what can we do, Wk 2 Managing stress and anxiety, Wk 3 Media reliability, Wk 4 Financial scams and questioning sources, Wk 5 Health over the Holidays, Wk 6 HOY Rewards, Wk 7 Sports Day Highlights		
Tutor time PSHE / RSE / Citizenship Summer 2	<b><u>Living in the wider world</u></b> Financial decision making  Bank accounts, saving, borrowing, budgeting, financial choices (credit, debit, debt)	<b><u>Living in the wider world</u></b> Digital Literacy and media reliability  Grooming, Extremism and Radicalisation and gambling hooks (gaming - loot boxes)	<b><u>Living in the wider world</u></b> Financial Literacy  Budgeting (bills and expenses), loans and debt
Drop Day 3 Summer 2	<b><u>Relationships:</u></b> Health and puberty  Changes to my body, unwanted contact and FGM	<b><u>Relationships:</u></b> Physical and Emotional changes  Managing changing emotions, looking at the Law – online behaviours (image and information sharing)	<b><u>Relationships:</u></b> Intimate relationships  Assessing and managing risks – image sharing Consent (St Giles Trust)
CEIAG	CEIAG opportunities take place both as part of the PD programme and independently (see careers map)		
Science / PE / IT / Food Summer Term	<b><u>Science</u></b> – Key facts about puberty <b><u>PE</u></b> - Physical health, fitness and hygiene <b><u>Food</u></b> - Balanced v Poor diet and links with deficiency and tooth decay	<b><u>Science</u></b> - DNA and variations, cloning, inheritance, the facts and science relating to immunisation and vaccination Understanding bacteria and viruses and how they are spread <b><u>PE</u></b> – Basic First Aid (cuts and scrapes, nose bleeds and bandages, use of heat and ice) <b><u>Food</u></b> Healthy eating; how to maintain healthy eating <b><u>IT</u></b> - App building - making apps accessible by all	<b><u>Science</u></b> – H10 The purpose and importance of immunisation and vaccination, development and discovery of Drugs <b><u>PE</u></b> – Intro to CPR, recovery position
RE Summer Term	Exploring concepts of beliefs, facts and opinions. Understanding how arguments are constructed and the use of evidence to support points.	Suffering and solutions	Exploring beliefs, teachings and practices from world religions and other world views. Living Biblically Investigating concepts of peace, justice, forgiveness and reconciliation.