

Personal Development programme			
Spring			
	Year 7	Year 8	Year 9
MAS Value Spring 1	Respectful		
House theme Spring	Celebrating differences and LGBTQ+ History month		
Assemblies Spring 1	Wk 1 – Learning from others, Wk 2 Managing challenges, Wk 3 House captains assembly, Wk 4 World interfaith week, Wk 5 LGBTQ+, Wk 6 Rewards		
Drop morning 1 Spring 1	Relationships – Diversity and Discrimination *Children’s Mental Health week	Relationships – Diversity and Anti-Bullying *Children’s Mental Health week	Relationships & Wider world – Challenging stereotypes *Children’s Mental Health week
Tutor time PSHE / RSE / Citizenship Spring 1	Relationships: Building relationships Positive qualities and behaviours / qualities in relationships (families, friendships, romantic), what to do if you are concerned about an unhealthy relationship and relationship boundaries	Relationships: Exploring identity and relationships Characteristics of positive relationships in person and online. Positive / negative peer influence. The impact of stereotyping, prejudice and discrimination	Relationships: Families Families and parenting, healthy relationships, conflict resolution and relationship changes
MAS Value Spring 2	Communicative		
Assemblies Spring 2	Wk 1 LGBTQ+ Month, Wk 2 Why read / National Careers Week, Wk 3 International Women’s Day, Wk 4 Celebrating Differences, Week 5 Looking after me, Week 6 Rewards		
Drop Day 2 Spring 2	Living in the Wider World & CEIAG The Real Game: exploring job roles and budgeting	Living in the Wider World & CEIAG Exploring job roles and labour market information Employment, self-employment and voluntary work	Living in the Wider World & CEIAG Exploring job roles and labour market information Employment, self-employment and voluntary work
Tutor time PSHE / RSE / Citizenship Spring 2	Relationships: Diversity and Relationships Self-confidence and self- esteem and challenging prejudice	Relationships: Emotional Wellbeing Mental health and emotional wellbeing, including body image and coping strategies	Health and Wellbeing Lifestyle balance, healthy choices and importance of body checks for health
CEIAG	CEIAG opportunities take place both as part of the PD programme and independently (see careers map - include link)		
Science / PE / IT / Food Spring Term	Science Drugs, Alcohol and Smoking Food Healthy snacks, designing and making a healthy snack for a teenager	Science Forensics - DNA and variations, cloning, asexual reproduction, inheritance, natural selection Food - Healthy eating; designing and making healthy light meals PE – Healthy eating and calorie expenditure and food quality	Science - Smoking – Alcohol and other carcinogens - Health – Heart disease and risk factors – Cancer – Diet and Exercise PE – What constitutes a healthy lifestyle and maintaining healthy weight IT - Website building - making sites accessible by all
RE Spring Term	Exploring concepts of beliefs, facts and opinions. Understanding how arguments are constructed and the use of evidence to support points.	Suffering and solutions	Exploring beliefs, teachings and practices from world religions and other world views. Living Biblically Investigating how world religions and world views influence relationships and families.