

Enrichment

ment

2021-2022

Mulberry
Academy Shoreditch

Sixth
Form





Mulberry Academy Shoreditch students are:

- Resilient
- Ambitious
- Curious
- Reflective
- Communicative
- Respectful

Enrichment is fundamental to developing these key life skills. During students' time at Mulberry Shoreditch, enrichment will involve engaging in thought provoking activities to extend skills that have been developed in the classroom. Quality enrichment provision ensures all students develop the attributes for students to secure top destination for University, apprenticeship and employment alongside supporting your well-being and participation as an active citizen.

Enrichment opportunities

Every Wednesday afternoon enrichment activities will run, you will be able to choose from something creative, culturally enriching or to develop fitness and well-being. In addition:

- Each half term there are drop-down days
- Regular visits from external speakers
- Regular workshops with external providers
- Trips including residentials
- Opportunities for students to work with employers, Universities and attend seminars externally



Enrichment

St John's ambulance qualification

Each student in year 12 has the opportunity to participate in a St John's ambulance course in basic first aid. This is certificated and is a recognized qualification when applying for jobs and work in the voluntary sector.

Pottery

Pottery is one of the most ancient art forms on earth. On this course you will learn the basics of ceramics. You will work with clay creating original artworks and practicing techniques. There will be the opportunity to fire, decorate and glaze work. Pottery develops creativity and the skills of hard work and patience.

Photography

The photography course gives you the opportunity to learn how to work a camera, set up lights and how to use photoshop. Photography is in essence, a new language where you can tell stories through visual vocabulary, through this course you will pick up this creative skill. On this course you will take photos around the academy and on external visits around the local area. You will then learn the skills of digital editing in school. Photography teaches many transferable skills such as decision making, digital understanding, communication, self-confidence, presentation, collaboration, self analysis, research and marketing skills

Basic cookery skills

It won't be long until University and independent living calls. This course teaches you the basics of cooking so that you can cook a range of staple and more complex meals. Students cook on a weekly basis meaning there is always something to take home to your family. The cookery group regularly provide catering for school events. This will develop a range of skills including working to a deadline, working in collaboration and working under pressure.

Culture club

This group is a way to explore some of the cultural variety that London offers. There are regular trips to areas of cultural significance and galleries such as the Tate. There is also the opportunity to sample other cultures through watching the best of World cinema, sampling foods from different cultures and learning aspects of different language.

Documentary club

If you are passionate about telling the stories that need to be told, having your voice heard and developing the skills for a world in media then this is the session for you. You will meet weekly and look at recent documentaries, deconstructing how documentaries are made. Over the course you will develop a documentary which will be shown to an invited audience. This is a fantastic course to develop key digital skills, research, collaboration and editing.



KPMG mentoring

In these sessions you will go to KPMG and meet with a mentor in a one to one session to discuss careers, employability and study skills. They will work with you throughout year 12 and help in the stages of application to University and apprenticeship as well as mentoring you to achieve aspirational goals. KPMG is the second largest accounting firm and, employs around 276,000 people around the world. There is limited numbers for this so please sign up quickly.

Duke of Edinburgh

In Sixth form if you have already participating in D of E you can go for Silver or Gold award, or if you are new to D of E you go for Bronze award. On the Wednesday session you will be able to do some of the activities towards your qualification such as volunteering alongside preparation for expeditions. The Duke of Edinburgh award is one of the most highly regarded awards for employers and university.

Sign language

Sign language is a visual means of communication. In this course you will learn the basics of communication including the alphabet, greetings and key topics such as feeling, the weather, holidays and entertainment. BSL (British sign language) is the language taught. The course is certificated and is recognized by employers and Universities as representing wider communication skills.

offer



The MAS Choir

The Mulberry Academy Shoreditch Choir meets on a Wednesday afternoons. In this session you will join with other year groups and form an separate Sixth form choir. The choir will work towards half termly events and concerts. Being a choir can help well being, enhanced brain function and allows you to work in a team. It is a fun session which is open to all.

Students leadership

Working with Heads of House, this will be a weekly session to develop leadership skills and to develop a student voice for the sixth form. This will involve meeting with members of the Academy, Senior leadership and external partners. This is a great opportunity for anyone who is passionate about change in their community.

Learning a language - French and Spanish

Being able to speak an additional language is a key skill desired by all employers. This is an informal course where you will learn the basics of a language to hold conversation, order food and communicate in French or Spanish. The course also involves understanding the cultures of Spain and French through film, trips and music.

Martial arts

An experienced Martial arts tutor comes in to teach key self-defense techniques alongside the basics of martial arts. If you have studied a martial art such as Karate before or are new to the study of Martial arts this is a great physical exercise and skill to develop.

Learning martial arts strengthens the body, mind, and spirit. It develops a combination of speed, flexibility, and physical strength with mental focus with physical toughness, which can push the body to do some incredible things

Five a side at Power league Shoreditch

A weekly opportunity to play football weekly. This is an informal session for players of all abilities. Football teaches cooperation and team work, helps develop positive social skills and teaches respect for others. It helps build self-confidence, a positive self-image and self-worth.

Mulberry Academy Shoreditch Gym

An opportunity to use the on-site Gym facility. The Gym has running machine, rowing machines, cross trainers and weights. The Gym is a great way to build up levels of fitness to increase general levels of performance

Netball/basket/table

These weekly sessions will involve informal game playing which is why they are best suited to students who already have a knowledge of the game. Playing a sport such as Netball or basketball on a regular basis improves coordination and speeds as well improving strength & cardiovascular health. Ball handling & dribbling also improve fine motor skills and requires & develops critical thinking & problem analysis skills.

Tennis/badminton

These will take place in addition to a table tennis club that operates in the main school. This session will allow Year 12 to practice their skills and then support younger students in the lunchtime clubs. Racquet sports improve reflex, eye-hand coordination, mental alertness and speed of movement. It also improves balance and lowers the chances of falls and injuries. Additionally, table tennis is a safe sport to play because it is not a contact sport. It is easy on the body and can be enjoyed by players of all ages. We have been lucky to secure funding and the table tennis group will be able to take a qualification to train others in table tennis.



Wider

In addition to the enrichment programme students can sign up to a pathway, at intervals throughout the year this will involve attending talks, workshops and trips. Please see the pathways on offer below

Pathways to Medicine

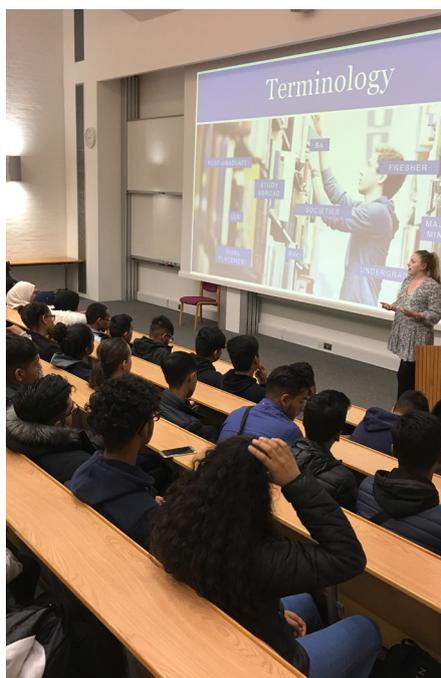
- One to one support with application process
- Personal statements read by practicing doctors
- External coaching for the University Clinical Aptitude Test (UCAT)
- Arranging work experience in Hospitals

Pathways to Oxbridge

- Oxford Summer school – visits to Oxford University an opportunity to familiarise yourself with the University. Including sample lectures, opportunity to meet professors about University life and the application process
- External tutor to support students with personal statements, Oxford entrance test and interviews

Pathways to Cambridge

- Allocated representative from Clare College Cambridge to work with the Academy-training of staff and training of students
- Members of staff in the Academy trained in coaching into
- Support from staff who attended Cambridge University



- Cambridge University visits
- External tutor to support students with personal statements, Oxford entrance test and interviews

Opportunities for apprenticeships

- Work experience at top employers;
- Membership to Unifrog-online website which has a nationwide index of all apprenticeship made available to
- KPMG, Barclays Bank, EY Foundation, Inmarsat, Deutsche Bank
- Visits to apprentice fairs
- Support from member of sixth form team

Pathways into Law

- Relevant CV experience - Model UN, Sheriff's cup, KPMG presentation skills workshops
- Work experience at law firms (Freshfields Bruckhaus Deringer law firm, Allen and Overy)
- Talks from practising Solicitors and Barristers

Pathways into the Arts

- Partnerships with Goldsmith's University (Art)
- Partnerships with Royal Drawing School including weekly Art course
- Support with cutting edge Portfolios

Drama

- Support with applications to top performance HE providers - Rada and LAMDA
- Performances with feedback from professionals in the world of theatre
- Regular theatre trips
- Teacher support for students to be signed up with ECLIPSE acting agency

enrichment opportunities

Finally just an example of some of the trips that have taken place this year

- All Year 12 visit to Sussex University
- KPMG mentoring project
- All students in Year 13 seen by Careers advisor
- All Year 13 involved in into University workshop
- 75% students seen in Year 12 seen by careers advisor
- Deutsche Bank mentoring programme offering one to one mentoring with 3 students, in addition to the 30 who attend KPMG
- M and G apprenticeship insight event
- DSS digital skills and solution event
- Degree apprenticeship introduction event at Queen Mary University
- National apprenticeship roadshow at Emirates stadium
- University of Newcastle (London campus) on student finance and
- Talks from civil service fast track, solicitor, Dentist and doctor
- All students in Year 12, through the enrichment programme
- Sherriff challenge- cumulating with students reaching the final at the Old Bailey
- Model UN Conference at International
- Trips to the Tate Museum
- Year 13 KPMG trip
- A Doll's house and Blood wedding, Death of a salesman theatre performance
- Houses of parliament trip
- Battle of ideas
- TFL apprenticeships
- Walton on the Naze Geography field trip
- Mulberry talk with Paul Rennie OBE
- Deutsche Bank
- Guild Hall- City of London
- Raleigh Lecture
- A level Economics Workshop
- Principal's Reward trip
- Ice skating reward trip
- Model UN conference
- Livery Lincheon
- Trailblazers letters to my younger self
- Psychology 4 Schools
- KPMG Research visit, 6th Form Workshop
- Mulberry Youth conference
- University Apprenticeship Fair
- Deutsche Bank trip/ enterprise dayL,
- TFL for girls,
- Square Circle IWD Conference
- Spanish exchange trip,

