

Name: _____

Mulberry
Academy
Shoreditch

Sixth Form

Summer Assignment

Psychology

APPROACHES IN PSYCHOLOGY TASK

In Psychology, we are looking at *the human mind and behaviour*, and in order to do this we try to explain behaviours with different approaches.

An approach is a lens through which we look at humans. For example, if a person is a murderer, we can look through a biological lens to explain their behaviour through genes and hormones. Or we could take a behavioural lens and explain their behaviour through their upbringing.

Your task is to research the 6 approaches and complete the mind maps. Make sure to define the key terms and briefly explain any key pieces of research that were conducted, as well as adding any pieces of information you may learn whilst researching.

This is a super important topic in Psychology, and it is the **first thing we will be kicking off with in September.**



Behaviourist
Approach

Social Learning
Theory

Cognitive
Approach

Biological
Approach

Psychodynamic
Approach

Humanistic
Approach

Classical Conditioning is...

Operant Conditioning is...



Behaviourist Approach

B.F. Skinner conducted a study on rats.
What did he do and find in this study?

Similarly, Ivan Pavlov conducted a study
on dogs. What did he do and find in this
study?

Vicarious reinforcement is when...

A role model is...

Imitation is...



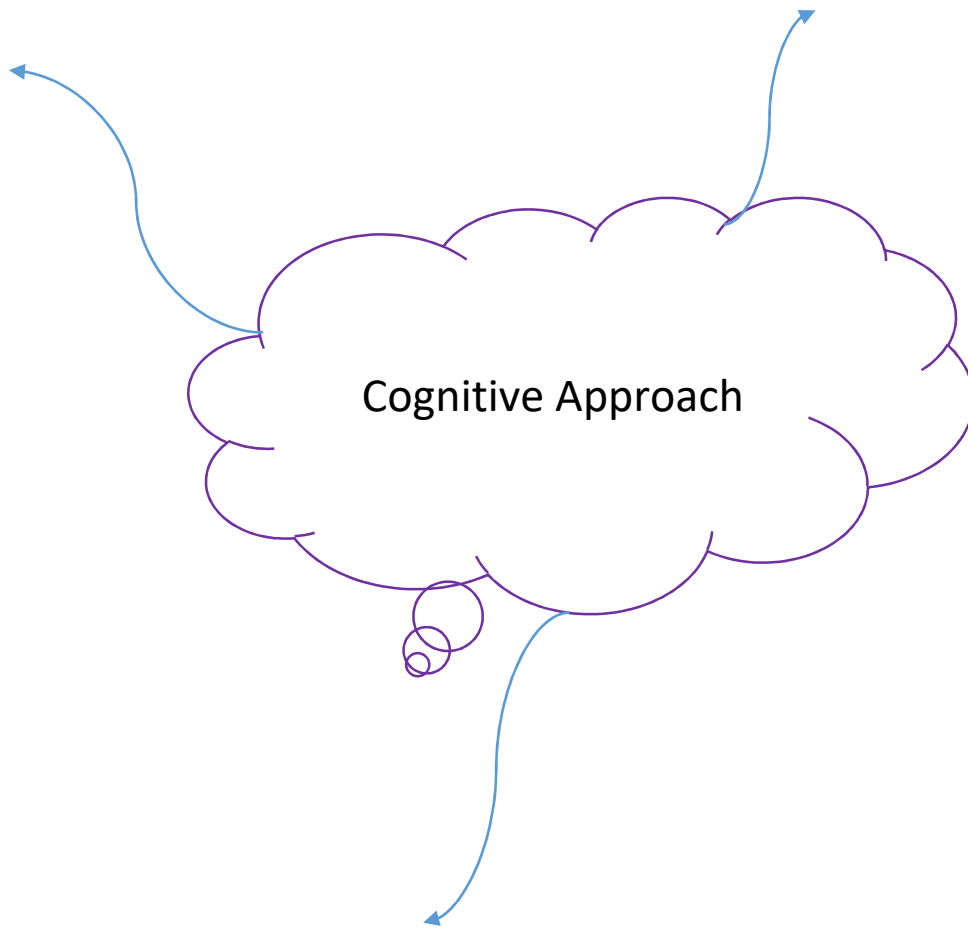
Social Learning Theory

The key study comes from Albert Bandura. Research "The Bobo Doll Study" and list the main findings below.

Identification can be defined as...

What is a schema?

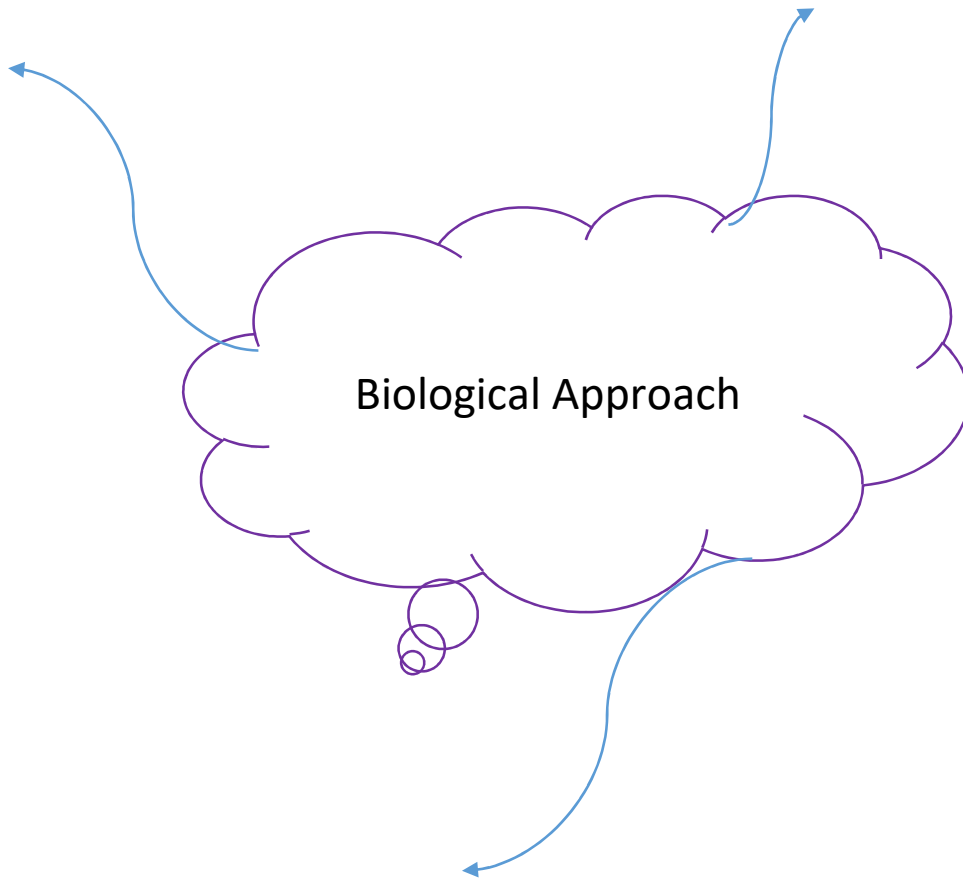
What are the different types of schemas?



Cognitive neuroscience is when....

A Genotype is

However, a phenotype is ...



The biological approach uses twin studies a lot. There are two different types of twins, MZ and DZ. Explain the difference between them.

The structure of personality is split into three according to this theory.

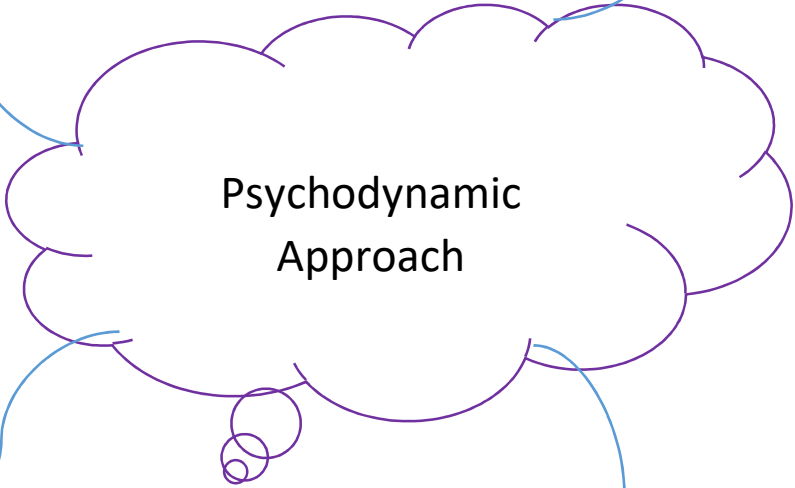
Outline what each is:

1) Id:

2) Ego:

3) Superego:

Who is the key researcher within their approach? Who came up with these ideas?



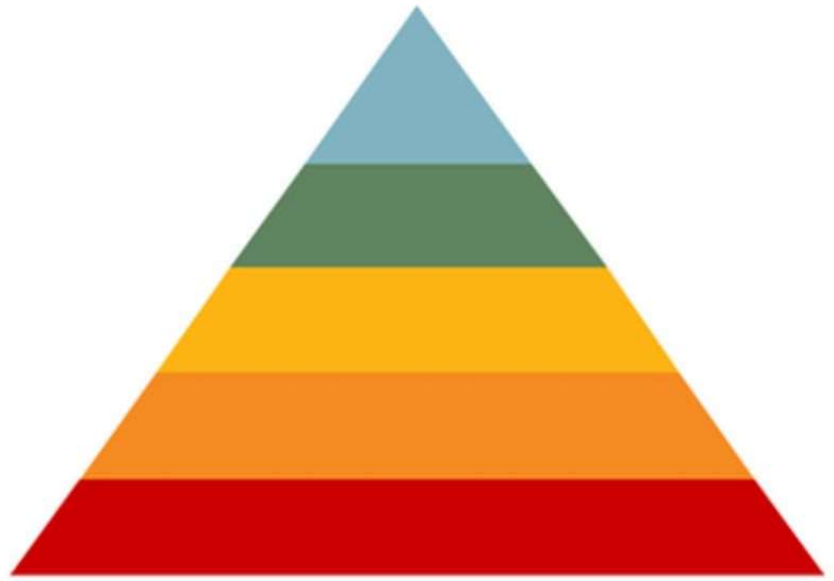
Psychodynamic Approach

This approach states we employ a number of defence mechanisms.

A defence mechanism is....

Research a defence mechanisms and explain below.

Complete the pyramid to the right.
This is known as Maslow's Hierarchy
of needs



Research what is self-actualisation. Define
below.

